

ARE YOU A CARER* - JUGGLING WORK AND CARE?

**Carers look after family, partners or friends in need of help because they are ill, frail or have a disability.
The care they provide is unpaid.*

Action for Carers and Employment (ACE) are offering Carers* a chance to attend a monthly Support Group to meet other working Carers.

To attend you must be in paid employment.

Our service helps Carers look at the opportunities around training and work. We also can offer useful information to Carers who are combining work and care.

We will invite a speaker to each session and cover such topics as Direct Payments and new 'flexible working' legislation for Carers.

Dates: Tuesday 4th March 2008
Wednesday 2nd April 2008
Thursday 1st May 2008
Tuesday 3rd June 2008
Wednesday 2nd July 2008

Time: 7.30 – 9.30 pm

Venue: Methodist Centre, Gloucester Road
Redhill. RH1 1BP

Please contact the office on 01737 244220

Or 07736 561977 (Dreen) 07736 561978 (Yvonne).

Email dreen.ace@actionforcarers.org.uk or yvonne.ace@actionforcarers.org.uk



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