

“BECAUSE CARERS COUNT”

This popular multi agency training course, delivered to over 2,500 staff across Surrey in the last 10 years, continues to provide a thought provoking insight into the difficulties carers face in looking after a family member or friend.

This is what participants have said about previous sessions:

“Quality of presentations high and well thought out workshops”
“A really useful, informative, thought provoking and emotional day”
“Inspiring and courageous carers who spoke were also excellent facilitators”
“Carer experiences made the whole role of carers more real and valid”
“I feel I can take some better ideas and implement them in the workplace”
“Totally fulfilled my learning needs”

Course content:

- The emphasis will be on understanding the importance of carers’ needs for equality of opportunity and support, based on recent legislation.
- All the latest facts and figures about carers and the impact of caring will be discussed
- You will hear directly from carers themselves about the difficulties they face and how they would like to be supported
- You will consider how to establish effective relationships with carers and consider their viewpoint
- The services available for carers in Surrey will be examined in relation to the National and Local Strategies for Carers.

Each day is facilitated by a trainer who has worked extensively with carers, alongside two carers as joint facilitators, who will bring their own perspective to the day.

Who should attend?

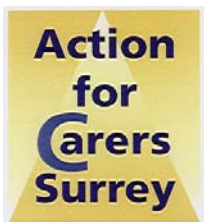
“**Because Carers Count**” is open to anyone working with carers directly or indirectly from a variety of professional backgrounds and experience:

- Managers or planners of services which carers or users access may benefit from a greater insight into carers needs.
- Front line staff may wish to understand more about the difficulties for carers looking after a relative or friend in the home
- Staff more indirectly involved can gain a greater understanding of carers’ issues

To book a place:

Please complete the application form and **return to the address below by mail, fax or email**. Applications **must be returned no later than 2 weeks** before the date of the session. Places will be confirmed in writing by the same method.

IMPORTANT: If you have not received a confirmation you are not eligible to attend, so please check that your application was forwarded and then contact the Training office.



All enquiries to:

Because Carers Count Training
c/o Action for Carers & Employment (Surrey)
Holmesdale House, 46 Croydon Road
Reigate, Surrey RH2 ONH

Tel: 01883 62 62 64
Fax: 01883 62 43 34

email: Training@actionforcarers.org.uk

Registered Charity 1064946

Please **PRINT CLEARLY, COMPLETE ALL SECTIONS (and keep a copy for yourself)**

Name Address (in FULL)

Job Title (in full, no abbreviations) Post Code

Organisation (in full, no abbreviations) Tel: Fax:

Email:

PLEASE INDICATE BELOW WHICH SESSION YOU WISH TO ATTEND

You need to be able to attend for the whole day. Start time is **9.45am** and finish by 4.00pm, with lunch and refreshments provided.

The day is **free of charge** but as there is always a waiting list we ask that, **if you find you cannot attend after booking a place, you inform us as soon as possible**, so that your place can be reallocated, otherwise a cost is incurred by us.

Thursday 18th September 2008 YMCA, Guildford		Tuesday 20th January 2009 YMCA, Guildford	
Wednesday 1st October 2008 Christ Church, Woking		Thursday 29th January 2009 St Georges Centre, Ashted	
Monday 20th October 2008 Princess Alice Hospice, Esher		Wednesday 4th February 2009 Woodhatch Centre, Reigate	
Wednesday 19th November 2008 , YMCA, Guildford		Wednesday 11th February 2009 Waverley Abbey, Farnham	
Wednesday 26th November 2008 Woodhatch Centre, Reigate		Tuesday 3rd March 2009 Princess Alice Hospice, Esher	
Thursday 4th December 2008 Princess Alice Hospice, Esher		Thursday 19th March 2009 Woodhatch Centre, Reigate	

Do you have any special **dietary requirements?** (e.g. vegan, wheat/dairy allergy)

We will try to provide this but are limited by the caterers who are tied to the venues. Please contact us to confirm availability. Basic vegetarian options are always provided.

Do you have any special **access needs** to enable you to participate?

Please contact us as above to discuss details so that we can accommodate you fully.



“...because Carers count...”