

# **COUNSELLING SKILLS FOR PASTORAL CARE**

**November 2008 -  
June 2009**

**Sevenoaks Christian  
Counselling Service  
The Bridge  
Littlecourt Road  
Sevenoaks  
Kent TN13 2JG**

**Tel: 01732 450118**

## **COUNSELLING SKILLS FOR PASTORAL CARE**

This course will be of interest to church leaders, home group leaders, pastoral care workers, youth leaders and anyone else involved in pastoral care—formally or informally.

It is accredited by the Association of Christian Counsellors, and run by the Sevenoaks Christian Counselling Service. It offers an excellent opportunity for those wishing to develop pastoral counselling skills, combining clear teaching with the practice of skills, Christian reflection on the role of the carer and opportunities for personal growth. The tutors are professionally trained counsellors with a wide experience of counselling practice and training others. A certificate is awarded on successful completion of the course.

### ***Course Outline:***

The six-month course has two components:

1. A series of Saturdays when students meet together for lectures, workshops and group work. There is guided learning on basic counselling skills in the pastoral care context.
2. A home-study element in workbook format where the theoretical understanding is developed, alongside reading and personal reflection. There are also a number of short assignments to complete.

### ***Where and When:***

The course will be held at:  
**The Vine Evangelical Church, Vine Hall,  
Hitchen Hatch Lane, Sevenoaks.**

The course will be run on seven Saturdays in 2008/2009. (9.30am – 3.30pm).

The dates are –

1 November 2008  
6 December  
24 January 2009  
28 February  
28 March  
9 May  
27 June

### ***Cost:***

The full cost of the course is £390 including the application fee and study materials but not the three required reading books. Many past students have found that their churches are willing to support them financially.

### ***Course Demands:***

Apart from attendance on the seven Saturdays and making time for study (approximately five hours a week), students may find that the work highlights some difficult personal issues and these will need to be worked through, with counselling help if necessary.

***Application:***

If you wish to apply, please complete the form below and return it to the Sevenoaks Christian Counselling Service as soon as possible. You will then be sent the full application form, which needs to be returned together with an application fee of £10.00.

Name: .....

Address: .....

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Tel no: .....

Email: .....

Pastoral context: .....

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Please return to:

**Mrs Maureen King**  
**Sevenoaks Christian Counselling Service**  
**The Bridge**  
**Littlecourt Road**  
**SEVENOAKS**  
**Kent TN13 2JG**

**Tel: 01732 450118**