



Fish & Tips towards a more sustainable fish menu



Spot the real headlines

Asda to stock only wild-caught fresh and frozen fish from MSC-certified fisheries

Japan and EU join forces to save the tuna

Call to halt fleet subsidies to save deep sea fish

Fish contaminated with mercury 'pose worldwide threat to health'

Fishing to be banished in network of British marine parks

WWF sue EU fisheries ministers over cod quota reduction failure

Defra to look at the climate change impact of sea fish

which of these appeared in the media in the last 3 months?



Fish & Tips – Towards a More Sustainable Fish Menu



HAVE I GOT FISHY NEWS FOR YOU
answer: all of them were media stories

Asda to stock only wild-caught fresh and frozen fish from MSC-certified fisheries

Supermarket giant Asda has had its fish counters officially certified by the Marine Stewardship Council. They plan to stock only wild-caught fresh and frozen fish from MSC-certified fisheries within the next 3-5 years. *Press and Journal* (7 Feb) See also *Daily Telegraph* 1st Feb <http://www.telegraph.co.uk/news/main.jhtml?xml=/news/2007/02/01/nfood101.xml>

Japan and EU join forces to save the tuna

Japan and the European Union agreed yesterday to cut their annual tuna catch by almost a quarter, after warnings by environmentalists that international hunger for the fish is driving it towards extinction. *The Times* 1 Feb, p.25 <http://www.timesonline.co.uk/article/0,,25689-2577405,00.html>

Call to halt fleet subsidies to save deep sea fish

Scientists have called for subsidies paid out to a handful of national deep sea fishing fleets to be stopped immediately to prevent permanent ecological damage and the extinction of some of the longest living creatures on the planet. 20 Feb *The Times*, p.29, *The Independent*, p.23, *The Guardian*, p.13 <http://www.guardian.co.uk/science/story/0,,2016930,00.html>

Fish contaminated with mercury 'pose worldwide threat to health'

A worldwide warning about the risks of eating mercury-contaminated fish is to be issued by an international group of scientists today. In the UK, the Food Standards Agency advises expectant mothers to avoid shark, swordfish and marlin and to limit their consumption of tuna, because these are the fish with the highest levels of mercury. *The Independent* (8 March, p.18) <http://news.independent.co.uk/environment/wildlife/article2338375.ece>

Fishing to be banished in network of British marine parks

Britain is planning to set up a string of marine conservation areas where commercial fishing will be banned up to 200 miles from the coastline. The proposals for what could become marine national parks will appear in a white paper to be published this week. *The Sunday Times* (11 March) <http://www.timesonline.co.uk/tol/news/uk/article1496848.ece>

WWF sue EU fisheries ministers over cod quota reduction failure

The environmental group WWF has taken the European Union's fisheries ministers to the European Court for breaking their own laws. Their 2004 recovery plan for Europe's beleaguered cod stocks demands that catch quotas be cut 15% or more if stocks fall too low - in the North Sea, below 70,000 tonnes. The latest figures say there is less than 50,000 tonnes of cod in the North Sea, yet last December ministers cut North Sea quotas for 2007 by only 14%. March 24th *New Scientist* (p.7) <http://environment.newscientist.com/channel/earth/mg19325964.100-wwf-takes-eu-fisheries-ministers-to-court.html>

Defra to look at the climate change impact of sea fish

Defra has decided to take a detailed look at the climate change impact of two foodstuffs, dairy products and sea fish. The main aim is to then identify what changes can be made to reduce their effect on the environment. *Farming Today*, BBC Radio 4 March 21st

"Every act of cooking has got an impact, on the environment, on the supply chain, on everything."
Raymond Blanc, *The Independent*, 2 February 2007 http://news.independent.co.uk/uk/this_britain/article2208252.ece

pto for some useful links

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This programme is part funded by the European Union through the European Social Fund – helping to develop employment by promoting employability, business spirit and equal opportunities and investing in human resources.



SOME USEFUL WEB LINKS & BOOKS

- Marine Conservation Society, about to publish guidelines for chefs <http://www.mcs.org>
- Fish online, a species-by-species guide from MCS <http://www.fishonline.org/>
- Marine Stewardship Council, national accreditation body <http://www.msc.org/>
- South West Handline Fishermen's Association <http://www.linecaught.org.uk/>
- National Lobster Hatchery <http://www.nationallobsterhatchery.co.uk/>
- CEFAS, aquatic research & consultancy centre <http://www.cefasc.co.uk/>
- ICES, Int. Council for the Exploration of the Seas <http://www.ices.dk/>
- Finding Sanctuary, supporting marine protected areas in SW <http://www.finding-sanctuary.org/>
- WWF, the global picture http://www.panda.org/about_wwf/what_we_do/marine/help/seafood_lovers/fish_dishes/index.cfm

The Good Fish Guide (2002) by Bernadette Clarke, Marine Conservation Society, ISBN 0948150319.
Gives species by species account of how they're caught, management, threats etc.

The End of the Line (2005) by Charles Clover, Edbury Press ISBN 0091897815
An interesting overview of global fisheries for the layperson.

Cornish Fishing & Seafood (2006) by Carol Trewin & Adam Woolfitt, Alison Hodge ISBN0906720427
A local perspective with interviews, opinion & recipes from all sections of the industry.

The Green Tourism Business Scheme

<http://www.green-business.co.uk/>

About some of our presenters' organizations / businesses

- CoaST <http://www.cstn.org.uk/>
- Seafood Cornwall <http://www.seafoodcornwall.org.uk/>
- Primrose Valley Hotel, Andrew Biss <http://www.primroseonline.co.uk/>
- Harbour Lights, Peter Frazer <http://www.hlfish.co.uk/>
- Invest in Fish <http://www.investinfishsw.org.uk/>

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