



TELFORD ATHLETIC CLUB



Presents

The 28th Stretton Skyline

Sunday September 14th 2008 @ 11am

19 mile / 4,450' BL cat. Fell Race

Registration at the Church Stretton, Social Club, Essex Road

The course is through the beautiful Shropshire hills
Start in Cardingmill Valley / Finish at the Cricket Club green

Top 5 overall males,

Top 3 overall women

1st placed in each Veteran age category

Teams to be declared at Registration

1st Men's team (4 to count)

1st Ladies team (3 to count)

Award presentation @ the Social Club (approx 3pm)

Entry fee £6.00 on the day only (No additional charge for Teams)

Age Categories:-

Male:-	Seniors	MV40	MV45	MV50	MV55	MV60
Female:-	Seniors	FV35	FV40	FV45	FV50	FV55

"Goody bag to all finishers"

Male record Ken West 2:17:16 1986 / Female record Ruth Pickvance 2:46:42 2005

Note; FRA rules & safety requirements apply to this event
Course partially marked, navigational skills recommended

Further details from Andy Smith
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The Telford Athletic Club Stretton Skyline Fell Race Event details



The Course;

The event is open to men & women over the age of 18.

Navigational skills are recommended as there is considerable route choice & the course is not marked, except for a short section between the Lawley (SO 485 968) & Dudgeley Farm (SO 467 969). Although it will not be marked, competitors must follow the road & path up Cardingmill Valley, not the Burway road. The route crosses the busy A49 at Little Stretton (SO 444 915) & Gorsty Bank (SO 471 968). Please exercise great caution & give way to traffic, these crossings will be marshaled but marshals will not stop the traffic. Please obey country codes & close farm gates behind you. We regret that no dogs will be allowed.

Venue;

Registration, changing, refreshments and results are all at Church Stretton Social Club.

The start is in Cardingmill Valley, just after the first cattle grid and the finish is at Cricket Pitch green (close to registration).

Drinks;

Water will be provided at the road junction Little Stretton (SO 443 919), at Church Stretton after the Ragleth checkpoint & at Comley Farm (SO 471 967) after the Caer Caradoc checkpoint and at the finish.

Equipment;

It is recommended that runners carry OS map Explorer 127 Series 1:25000 sheet "Long Mynd & Wenlock Edge", compass, whistle and spare food. Competitors must also carry full protective clothing.

Checkpoints;

Each will be marshaled and they should be visited in the following order;

	Checkpoint	Grid ref	Height	Closing times
1	Pole Bank (Long Mynd)	SO 415 944	1693 feet	11:35
2	A49 road crossing	SO 444 915		
3	Ragleth Hill	SO 451 917	1280 feet	12:20
4	Church Stretton Watling Street	SO 456 935		
5	Caer Caradoc	SO 477 954	1506 feet	13:10
6	Lawley	SO 495 975	1246 feet	13:45
7	A49 road crossing	SO 471 968		
8	Mott Road / Portway junction (Long Mynd)	SO 427 958	1575 feet	15:00

If a checkpoint has closed, competitors are asked to make their way to the finish by the shortest route & report their retirement to the finish officials. If any competitor retires at any time they are asked to confirm their retirement to finish or checkpoint officials.

We hope you have an enjoyable race & look forward to seeing you again next year.