

SHEINTON STEEPLECHASE '**SPECIAL**' 2009

6th May 2009 – 7.30pm – Sheinton.

(Either 1m from Cressage off the A458 Shrewsbury/Bridgnorth road, or 2m off the Buildwas/Much Wenlock A4172 road)

O.K. then, what's all this 'special' nonsense about?

So glad you asked. It will be all the usual Sheinton stuff of prizes in the church pews with an extra twist for 2009.

Which is?

There'll be even more prizes this year, as I'm personally putting in an extra half dozen, each of which could be won by anyone in the field.

Spot prizes then?

Not quite. Skill and judgement will be involved, although not in the least bit related to running itself. I'm not going to tell you exactly how this will work, you'll just have to turn up on the night and see.

So what's all this in aid of then?

Well, the race is always in aid of the fabric of Sheinton church which is at the centre of our community, both for religious and general events. However, seeing as you ask, it will doubtless come as a great surprise to you that the organiser will amazingly be celebrating his 50th birthday within 10 days of the race, so he thought that it could be 'souped' up a bit as a 'one off'.

Anything else?

But of course. All being well, there may even be a proper drink after the race for all competitors – as well as the plastic cup of water that is.

It's not a proper fell race, so do Mercia members support it?

Absolutely. I've had great support from many members of the club over the years, and not a single complaint about its lack of either lung bursting climbs or ankle snapping descents to date.

O.K., is that your lot?

Almost. One final thing. The record was set at the first running of the event some years ago by Will Levett in 18.06. (that's his time by the way, not the first year I held it). No one has come even vaguely close since. Chatting to him after his run he commented to me: 'If I'd been racing someone of the likes of Tim Davies, there's no doubt that the two of us would have finished just inside 18 minutes'.

This sounds like a challenge to me, even if your surname isn't Davies. I have to say that I'd be delighted to see the record go in my big birthday year – and it would of course be equally good to see everyone post a PB at the same time. I know I will. But that's because I'll be making my debut this year. I'd be daft not to.....

No further secrets will be revealed by contacting:
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