

Juvenile Diabetes family support Group.

Minutes of meeting held 1st October

1. Appointment of officials

In order to get the ball rolling the following people offered to undertake these roles:-

Chairman	Alistair Scott
Secretary	Sarah Hibble
Treasurer	Alison Simmons
Committee Members	Dawn and Nigel Hammond Claire Scott

If anyone else is interested in becoming members then please let us know.

2. Aims and Objectives

A general discussion developed following themes:

- To share experiences as a parent
- For the children to meet others in a similar situation
- How different things affect blood glucose levels in different ways.
- Opportunity for siblings to meet and discuss the effects on them.
- To clarify our aims, that cover areas families would like.
- Think of a name for our group.

3. Fund-raising

We obviously need to think of ways of raising capital, some discussion was had around possibility of approaching reps from companies to provide refreshments etc. for social events. Please get your thinking caps on, we need innovative ideas.

4. Xmas party

Ken mentioned that a provisional date of 10th December had been suggested. Claire and Dawn advised of a Xmas party that was being planned by the Hospital for the 7th December. Some families had not had an invitation last year, we will pursue this and get more details.

5. Future meetings and venues.

The group decided a more informal meeting in the Caldecotte Arms may be a good way of breaking the ice and getting to know each other. We have phoned and children are welcome. Alistair will be phoning to clarify prior to the meeting and to judge numbers of people interested in coming.

6. MK Group Committee

One or two volunteers will need to attend. These meetings are held at the Primary Care Trust Offices, MK hospital campus 7.30 to 9.30 Dates are 19th Nov, 21st Jan, 15th April, 15th July and 21st Oct. Alistair has agreed to attend the first meeting, are there any other volunteers?

7. Any Other Business

The group felt very keen to get started as a support to each other. Some members had faced some difficult times since diagnosis and we felt we had something to offer other parents, children and families.

A suggestion from Clare that had been passed to her was the possibility of putting a photograph of your child in the school staff room so that they could be easily recognised by all the staff in the event of erratic behaviour possibly indicating a hypo.

Appropriate form for this is available in the information for schools pack from Diabetes U.K on 0207 424 1000.

8. Finally, this self help/support group is independent in structure, and its level of success in helping our children and ourselves will depend on you the parents getting involved at this early stage, and by doing so opening doors to information, education and understanding which otherwise may not happen. Please find the time to attend the next informal meeting.

9. Date and Time Next Meeting

Tuesday 29th October 7.30pm Caldecotte Arms, Caldecotte