



Minutes of July 2005 meeting

Present: Alistair Scott, Chairman
Neil Griffiths, Member
Alan Gillman, Member
Nigel Hammond, Campaigning and press officer

Apologies: Mark and Sarah Hibble, Secretaries
Dawn Hammond, Membership secretary
Viv Ryan, Treasurer
Steve Simmons, Event Co-ordinator

1 Radio Interviews

Nigel and Alistair explained their radio interviews they had had with Big George's morning programme on three counties radio. These were to improve the services and to raise the fact that Jan, the children's diabetes nurse is off long-term sick and there is no cover. More details are on the web site.

2 Books and Leaflets

It was agreed that Nigel will get a batch of 10 DK/Diabetes UK Diabetes books for families of newly diagnosed children. These are normally RRP £17 but Nigel can get them for £5 each from the book club. I was also agreed that a pack will be made up with the data link bottle and other diabetes UK leaflets. Nigel will buy some priced publications and free publications from Diabetes UK – at the bargain

3 Bracelets

Alan came to the meeting wearing a Diabetes UK wristband. These are good and trendy fund-raising idea.

4. 'Sugar Free' sweets, ice cream and cakes

We have received advice from Diabetes UK that we must not associate ourselves with companies that sell 'sugar free' products containing sugar alcohols – such as maltitol and sorbitol. This is because the body converts them back to glucose so there is little gain to blood glucose control, they cause diarrhoea if eaten in large quantities and they tend to be far more expensive than normal sugar confectionary.

5. Research

The idea to sponsor diabetes research projects through diabetes UK was welcome. It was agreed that we will discuss this again in September/October when Diabetes UK publish their latest list of Diabetes UK sponsored research projects – so we can pick thoughts that benefit children.

Date for next meeting: 27 September 2005