



ONE DAY INTENSIVE TRAINING

SKILLS DAYS

Date:

- Monday 26th October**
- Under 7's & Under 8's
- Tuesday 27th October**
- Under 9's, 10's & 11's
- Wednesday 28th Oct.**
- Under 12's 13's & 14's

Time: 9:30am -3:30pm

VENUE: OLD NORTHAMPTONIANS RFC, BILLING ROAD, Cost: £25

Contact person:
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**3 SEPERATE DAYS,
3 SEPERATE AGE GROUPS,
3 TIMES THE FUN!!**

This new and exciting format of course is aimed at coaching each age groups individually with their specific needs in mind. It is one day of intensive training, looking to work in conjunction with coaching being done in clubs and schools. It will focus on the core skills, from the base of presentation to the finesse of handling and will be delivered in a fast and fun format!

Highlights:

- 7-8: Evasion Skills, Handling & Games Sense**
- 9-11: Tackle Technique & Attacking Space**
- 12-14: Controlling Contact & Game Sense**



- The training runs from 9:30 to 15:30. The course is open to all 6-14 year olds on their respective days and costs £25
- Additional booking forms are downloadable online from www.nextgenerationsport.co.uk. Now bookable securely online through paypal.
- Participants will require Rugby kit, including wet weather clothing, a packed lunch and plenty to drink.
- Simply complete the section below, detach and return to Next Generation Sport with full payment. Payments should be made payable to "Next Generation Sport". Alternatively book online at www.nextgenerationsport.co.uk - PLACES ARE LIMITED!

Name of Child Age of Child Rugby Age Group (if applies)

Childs home address Rugby Club (if applies)

..... Medical notes (i.e. asthma)

..... Postcode..... How did you hear about us? (optional)

.....

Home Telephone No. Emergency Telephone No. E-mail

Parents Name Parents Signature.....

I confirm that my child would like to attend the Next Generation Sport course and give my consent. In the unlikely event that it should be required I also give my consent for a first aid trained Next Generation Sport coach to administer first aid.

Places on Next Generation courses are limited and will be allocated on a first come, first served basis. All applications should be accompanied by the relevant fee with any cancellations incurring a £10.00 administration fee. All course activities are subject to change according to weather, programming and satisfactory booking levels.