

BMC 800M MENS RACE A

1	119	Gary Vickers	SEN	M	Telford AC	01:51.48
2	81	Andrew Graham	U23	M	Gosforth Harriers & AC	01:51.58
3	105	Matt Wood	U20	M	Blackburn Harriers & AC	1;52.74
4	41	Mark Wilkie	U23	M	University of British Columbia	01:53.63
5	43	Chris Maludzinski	U23	M	University of British Columbia	01:54.36
6	135	Rob Hughes	SEN	M	Edinburgh	01:56.06
7	143	Paul Carron	SEN	M	Liverpool Harriers & AC	01:56.75
8	76	Nathan Elliott	U20	M	Wakefield & District Harriers & AC	01:56.93

BMC 800 MEN'S RACE B

1	77	Adam Michell	U20	M	Preston Harriers	01:53.94
2	140	Ben Craddock	U20	M	Leeds City AC	01:54.87
3	110	Gavin Parkinson	SEN	M	Halifax Harriers & AC	01:55.81
4	82	Lewis Timins	U20	M	Gosforth Harriers & AC	01:56.06
5	89	Nick Bradley	U20	M	Border Harriers & AC	01:56.61
6	142	James Griffiths	U17	M	Vale Royal AC	01:57.31
7	90	Richard Powse	U23	M	Sale Harriers Manchester	01:09.64
8	51	Dan Beck	U23	M	University of British Columbia	02:04.14
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BMC 800 LADIES RACE

1	137	Helen Singleton	SEN	F	Wakefield & District Harriers & AC	02:15.72
2	79	Shirely Griffiths	SEN	M	Wakefield & District Harriers & AC	02:19.88
3	12	Gemma Curley	U20	F	Mansfield Harriers & AC	02:20.66
4	42	Daisy Laforce	SEN	F	University of British Columbia	02:26.94

BMC 1500 MEN'S RACE A

1	131	Joe MacDonald	U23	M	Trafford AC	03:52.97
2	181	Alexander Smith	U20	M	Hallamshire Harriers Sheffield	03:59.11
3	144	John McCole	SEN	M	Liverpool Harriers & AC	03:09.43
4	157	Rob Hodges	U20	M	Kingston upon Hull AC	03:59.47
5	152	Richard Newton	U20	M	Preston Harriers	04:00.21
6	165	Phil Bradshaw	SEN	M	Newcastle (Staffs) AC	04:00.51
7	129	Max Colligan	SEN	M	Blackburn Harriers & AC	04:02.33
8	91	James Trollope	U17	M	Cannock & Staffs AC	04:04.41
9	45	Dave Norman	SEN	M	Altrincham & District AC	04:06.37
10	116	Jordan Donnelly	U20	M	Wirral AC	04:07.15
11	173	Neil Chisholm	SEN	M	Altrincham & District AC	04:13.17

100M Heat 1

						<u>Wind Speed</u>	-1.7
1	57	Gareth Breeze	U20	M	Sale Harriers Manchester	11.47	
2	22	Stephen Skelland	U20	M	Trafford AC	11.49	
3	24	Stephen Butterfield	U23	M	Vale Royal AC	11.56	
4	59	Neil Hewson	SEN	M	Wigan & District Harriers & AC	11.63	
5	66	Bernard Ward	SEN	M	Trafford AC	11.73	
6	63	Leon Creaney	SEN	M	Liverpool Harriers & AC	11.92	

100M Heat 2

						<u>Wind Speed</u>	-1.8
1	104	Stephen Chaisty	V40	M	Trafford AC	12.19	
2	114	Nathan Ouko	U20	M	Southport Waterloo AC	12.51	
3	112	Ian Scholes	V45	M	Trafford AC	12.86	
4	52	Vicki Robinson	SEN	F	Stockport Harriers & AC	13.46	
5	56	Rebecca Hetherington	U17	F	Menai Track & Field Club	13.70	
6	54	Bev Jones	SEN	F	Menai Track & Field Club	15.40	

200M Heat 1

1	85	Rick Beardsell	SEN	M	Trafford AC	21.97
2	99	Benjamin Sumner	SEN	M	Unattached	22.29
3	57	Gareth Breeze	U20	M	Sale Harriers Manchester	23.04
4	75	Tom Duffield	U17	M	Lincoln Wellington AC	23.14
5	70	Peter Wilson	U23	M	Wirral AC	23.34

200M Heat 2

1	63	Leon Creaney	SEN	M	Liverpool Harriers & AC	23.49
2	93	Ric Banjac	U20	M	Rochdale Harriers & AC	23.80
3	151	Alzred Matturi	U20	M	Trafford AC	24.00
4	104	Stephen Chaisty	V40	M	Trafford AC	24.71
5	112	Ian Scholes	V45	M	Trafford AC	25.61
6	103	Nick Blanchard	SEN	M	Stockport Harriers & AC	25.95

200M Heat 3

1	169	Sam Roberts	U20	M	Trafford AC	24.51
2	25	Morgan Brown	U17	F	Vale Royal AC	26.46
3	52	Vicki Robinson	SEN	F	Stockport Harriers & AC	27.02
4	100	Vic Blanchard	V60	M	Northern Vets	27.69
5	111	Emily Dent	U15	F	Holmfirth Harriers AC	28.57

400M Heat 1

1	64	Ryan Palmer	U23	M	Trafford AC	49.44
2	16	Ross Edgley	SEN	M	Wolverhampton & Bilston AC	49.86
3	83	Paul Grattage	SEN	M	Wigan & District Harriers & AC	50.02
4	70	Peter Wilson	U23	M	Wirral AC	51.03
5	92	Raymond Ndengeya	SEN	M	Wakefield & District Harriers & AC	53.39

400M Heat 2

1	44	Mark Gilmer	SEN	M	Wakefield & District Harriers & AC	52.52
2	69	Andy Parker	SEN	M	Sale Harriers Manchester	52.74
3	97	Gary Wyn-Jones	SEN	M	Deeside AAC	55.02
4	65	Peter Hickey	V45	M	Northern Vets	55.46
5	84	Catherine Riley	SEN	M	Trafford AC	56.20
6	120	Anita Richardson	SEN	F	Trafford AC	58.07

400M Heat 3

1	87	Andrew Hutchinson	V45	M	Northern Vets	58.27
2	101	Sarah Lucas	U17	F	Rochdale Harriers & AC	59.03
3	100	Vic Blanchard	V60	M	Northern Vets	59.20
4	53	Sarah Hetherington	SEN	F	Sale Harriers Manchester	64.39
5	55	Katie Parry	U20	F	Deeside AAC	35.12
6	130	Thomas Malone	V45	M	Sale Harriers Manchester	101.16

800m Heat 1

1	88	Paul Hutton	U23	M	Gosforth Harriers & AC	01:57.05
2	106	John Mannion	U20	M	Liverpool Harriers & AC	01:57.33
3	62	Phil Williams	U23	M	Rochdale Harriers & AC	01:58.22
4	78	Mike Buntin	SEN	M	Tipton Harriers	01:59.42
5	168	Chris Taylor	SEN	M	Hallamshire Harriers Sheffield	01:59.85
6	108	Terry Brady	U20	M	Liverpool Harriers & AC	02:00.81
7	138	Michjael Salter	U17	M	Leeds City AC	02:00.81
8	136	Michael Quarless	U20	M	Liverpool Harriers & AC	02:01.71
9	174	David Cains	U20	M	University of Manchester	02:03.15

800m Heat 2

1	61	Sam Delaney	U20	M	Lincoln Wellington AC	02:00.66
2	141	Nick Hooker	U20	M	Bradford Airedale AC	02:01.03
3	38	Mark Plaskett	U20	M	Lincoln Wellington AC	02:01.38
4	80	Phil Hall	V40	M	Blackburn Harriers & AC	02:01.39
5	163	Matthew Jones	U23	M	Wrexham AAC	02:04.91
6	161	Chris Bailey	U20	M	Wrexham AAC	02:05.51
7	139	Oliver Ziff	U17	M	Leeds City AC	02:06.48
8	150	Jack Hallas	U15	M	Spennorth & District AC	02:09.71

800m Heat 3

1	160	Andrew Gibson	U17	M	Nithsdale AC	2L:03.95
2	171	Richard Clancy	SEN	M	Trafford AC	02:06.03
3	95	Tom Sherrington	U23	M	Warrington AC	02:06.80
4	115	Patrick Dennis	SEN	M	Southport Waterloo AC	02:07.13
5	96	Michael Timmins	U20	M	Warrington AC	02:08.57
6	73	Gareth Williams	SEN	M	Vale Royal AC	02:09.02
7	155	Paul Connelly	SEN	M	Salford Metropolitan AC	02:09.44
8	102	Philippa McCrea	SEN	F	Gateshead Harriers & AC	02:09.73

800m Heat 4

1	156	Rayford Beaumont	U17	M	Trafford AC	02:12.75
2	134	Lucy Mayho	U20	F	Bingley Harriers & AC	02:16.64
3	72	Emma-Leigh Heighway	U20	F	Sale Harriers Manchester	02:16.98
4	126	James Toohey	U15	M	Liverpool Harriers & AC	02:19.03
5	146	Jenna Hill	U23	F	Sale Harriers Manchester	02:20.11
6	107	Ruth McGivern	U17	F	Holmfirth Harriers AC	02:21.29
7	148	Jessica Dobson	U15	F	Leeds City AC	02:22.00
8	118	Jenny Pybis	U20	F	Liverpool Harriers & AC	02:27.03
9	125	Kate Wilson	U15	F	Spennorth & District AC	02:28.21

800m Heat 5

1	158	Robin Beaumont	V40	M	Trafford AC	02:24.12
2	94	Heather Timmins	U17	F	Warrington AC	02:24.37
3	175	Rachel McHugh	SEN	F	Trafford AC	02:24.45
4	162	Rheannan Rainford	U17	F	Warrington AC	02:26.83
5	128	Ray Dalby	V50	M	Rochdale Harriers & AC	02:27.45
6	153	Kate Spilsbury	U20	F	Vale Royal AC	02:35.58
7	130	Thomas Malone	V45	M	Sale Harriers Manchester	03:40.39

1500M HEAT 1

1	177	Joe Townsend	U17	M	Leeds City AC	04:12.63
2	145	David Catt	U20	M	Liverpool Harriers & AC	04:17.42
3	167	George Thompson	U23	M	Vale Royal AC	04:18.17
4	176	Matthew Jackson	U15	M	Warrington AC	04:21.17
5	117	Matthew Nagy	U20	M	Spennorth & District AC	04:25.07
6	180	Edward Mason	U15	M	Spennorth & District AC	04:27.06
7	179	Jeff Prest	SEN	M	Trafford AC	04:31.99
8	127	Kristian Robinson	SEN	M	Rochdale Harriers & AC	04:33.06
9	166	Martin Bailey	SEN	M	Newcastle (Staffs) AC	04:37.75
10	39	Shannon Elmer	U23	F	University of British Columbia	04:37.96

1500M HEAT 2

1	178	Michael Williams	U17	M	Leeds City AC	04:32.42
2	170	Chloe Patchett	U17	F	Spennorth & District AC	04:44.67
3	164	Nathan Bolton	U15	M	Spennorth & District AC	04:46.39
4	21	Philip Holme	V45	M	Manchester Harriers & AC	04:47.82
5	149	Hannah Seddon	U15	F	Leeds City AC	04:51.48
6	109	Beth Pettit	U15	F	Holmfirth Harriers AC	04:54.14
7	172	Nicola Bamford	U23	F	Notts AC	04:55.38
8	50	Kristin Carpenter	U23	F	University of British Columbia	05:01.00
9	124	Beccy Rowlands	U15	F	Spennorth & District AC	05:02.64
10	86	Gemma Llesley	U20	F	Vale Royal AC	05:05.71

HAMMER

1	28	Michael Bomba	U20	M	Liverpool Harriers & AC	61.01
2	27	Roger Bate	U23	M	Trafford AC	56.93
3	34	Chris Walsh	SEN	M	Shaftesbury Barnet Harriers	54.13
4	1	Mark Gulliver	SEN	M	Leeds City AC	51.04
5	30	Adam Reynolds	U15	M	Liverpool Harriers & AC	48.20
6	26	Jemma Kelly	SEN	F	Trafford AC	42.21
7	58	Emma Gilbert	U17	F	Scunthorpe & District AC	34.99
8	33	Steph Owens	U15	F	West Cheshire AC	34.92
9	35	Rowena Evans	U15	F	Macclesfield Harriers & AC	18.10

DISCUS

1	15	Marcus Gouldbourne	SEN	M	Sale Harriers Manchester	52.20
2	27	Roger Bate	U23	M	Trafford AC	44.82
3	28	Michael Bomba	U20	M	Liverpool Harriers & AC	38.07
4	1	Mark Gulliver	SEN	M	Leeds City AC	37.37
5	17	Richard Harris	SEN	M	Bolton United Harriers & AC	35.27
6	13	Kyle Wild	U20	M	Unattached	32.30
7	122	Alice Simpson	U17	F	Leeds City AC	31.61
8	30	Adam Reynolds	U15	M	Liverpool Harriers & AC	31.35
7	33	Steph Owens	U15	F	West Cheshire AC	31.24
8	23	Vicky Johnson	U17	F	Liverpool Harriers & AC	29.85
10	34	Chris Walsh	SEN	M	Shaftesbury Barnet Harriers	26.93
11	26	Jemma Kelly	SEN	F	Trafford AC	26.34
12	58	Emma Gilbert	U17	F	Scunthorpe & District AC	25.59
13	35	Rowena Evans	U15	F	Macclesfield Harriers & AC	21.30

JAVELIN

1	113	Robyn Purchase	U15	F	Wrexham AAC	36.21
2	122	Alice Simpson	U17	F	Leeds City AC	28.66
3	58	Emma Gilbert	U17	F	Scunthorpe & District AC	23.67
4	123	Carrie Simpson	U15	F	Leeds City AC	17.18

SHOT PUTT

1	17	Richard Harris	SEN	M	Bolton United Harriers & AC	11.84
2	33	Steph Owens	U15	F	West Cheshire AC	9.82
3	23	Vicky Johnson	U17	F	Liverpool Harriers & AC	9.54
4	35	Rowena Evans	U15	F	Macclesfield Harriers & AC	8.65

HIGH JUMP

1	154	Neil Bell	U20	M	Trafford AC	1.65
2	36	Stephanie Potts	U15	F	Macclesfield Harriers & AC	1.45
3	123	Carrie Simpson	U15	F	Leeds City AC	1.45
4=	121	Grace Simpson	U15	F	Leeds City AC	1.30
4=	147	Jennifer Stanmett	SEN	F	Trafford AC	1.30