

75m Heat 1

1	193	Alan Woods	U13	M	Bolton United Harriers	11.0
2	118	Ben Lawton	U13	M	Stockport Harriers & AC	11.3
3	198	Matthew Aiyegbusi	U13	M	Trafford AC	11.6

75m Heat 2

1	195	Ricky Vyas	U11	M	Trafford AC	12.2
2	166	Samuel Jones	U11	M	Salford Metropolitan AC	12.2
3	144	Thomas Hebden	U11	M	Stockport Harriers & AC	12.3
4	211	Guy Levy	U11	M	Trafford AC	13.6
5	205	Ben Benson	U11	M	Moston & District Harriers	14.1

75m Heat 3

1	200	Christopher Barrow	U11	M	Bolton United Harriers	12.0
2	119	Daniel Lawton	U11	M	Stockport Harriers & AC	12.7
3	163	Nicholas O'Hanlon	U11	M	Moston & District Harriers	13.2
4	156	James Parrott	U11	M	Stockport Harriers & AC	13.3
5	212	Janice Bamber	U11	M	Blackpool & Fylde AC	13.7

75m Heat 4

1	121	Olivia Callaghan	U13	F	Sale Harriers Manchester	11.3
2	185	Shanika Whight	U13	F	Trafford AC	11.9
3	188	Sammy Thompson	U13	F	Trafford AC	12.2
4	128	Lucy Darby	U13	F	Bolton United Harriers	12.4

75m Heat 5

1	133	Chelsea Mitchell	U13	F	Spenborough & District AC	11.8
2	126	Charlotte Darby	U13	F	Bolton United Harriers	12.3
3	150	Gabriella Guarnieri	U13	F	East Cheshire Harriers & Tamesid	12.4
4	165	Charley Crompton	U13	F	Trafford AC	12.7

75m Heat 6

1	115	Chloe-May Glewis	U13	F	Salford Metropolitan AC	11.7
2	101	Liane Bibby	U13	F	St. Helens Sutton AC	11.8
3	189	Holly Hemmings-Fitton	U13	F	Sale Harriers Manchester	12.4
4	159	Bryony Mutton	U13	F	Bolton United Harriers	12.6

75m Heat 7

1	153	Alysha Porter	U11	F	Salford Metropolitan AC	11.7
2	158	Aimee Aikin	U11	F	Stockport Harriers & AC	12.7
3	192	Rhea Buckley	U11	F	Trafford AC	13.8
4	169	Sophie Kukulowicz-Booth	U11	F	Trafford AC	16.1

75m Heat 8

1	157	Emma O'Connell	U11	F	Stockport Harriers & AC	12.4
2	187	Lauren Alford	U11	F	East Cheshire Harriers & Tamesid	12.9
3	116	Louise Wilson	U11	F	Salford Metropolitan AC	13.7
4	191	Heather Crawford	U11	F	Trafford AC	14.5

100M Heat 1

1	102	Carlos Holder	U23	M	Trafford AC	11.4
2	120	Anthony Timms	U20	M	Pudsey & Bramley AC	11.5
3	125	Andrew Spence	U17	M	Liverpool Harriers & AC	12.2
4	124	Anthony Marsh	U17	M	Liverpool Harriers & AC	12.4

100M Heat 2

1	183	Neil Bell	U20	M	Trafford AC	12.4
2	177	Sean Cullen	U17	M	Trafford AC	13.1
3	171	Carl McClendon	U17	M	Trafford AC	14.2

100M Heat 3

1	186	Sam Bowden	U17	M	Moston & District Harriers	12.7
2	112	Max Igbon	U17	M	Trafford AC	12.9
3	199	Thomas Cunningham	U15	M	Bolton United Harriers	13.5

100M Heat 4

1	145	Laura Gillespy	U20	F	Blackpool & Fylde AC	13.6
2	143	Zoe Reid	U17	F	Trafford AC	14.0

100M Heat 5

1	100	Victoria malady	U15	F	Trafford AC	13.7
2	181	Bethany Hurst	U15	F	East Cheshire Harriers & Tamesid	14.0
3	184	Jodie Woolfe	U15	F	Trafford AC	14.5

100M Heat 6

1	113	Sophie Bowden	U15	F	Stockport Harriers & AC	13.9
2	209	Lexi Cochrane	U15	F	Horwich RMI Harriers & AC	14.5
3	131	Katy Wyper	U15	F	Blackpool & Fylde AC	14.6

70m Hurdles

1	152	Katie Reynolds	U13	F	East Cheshire Harriers & Tamesid	13.3
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75m Hurdles

1	113	Sophie Bowden	U15	F	Stockport Harriers & AC	13.3
2	114	Sam Bowden	U13	M	Stockport Harriers & AC	15.5
3	110	Robert Makin	U13	M	Bolton United Harriers	16.3

80m Hurdles

1	155	Danielle Bamber	U17	F	Blackpool & Fylde AC	14.3
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150M Heat 1

1	153	Alysha Porter	U11	F	Salford Metropolitan AC	22.9
2	166	Samuel Jones	U11	M	Salford Metropolitan AC	23.3
3	200	Christopher Barrow	U11	M	Bolton United Harriers	24.1
4	149	Hannah Davies	U11	F	East Cheshire Harriers & Tamesid	24.8
5	197	Melissa West	U11	F	Trafford AC	25.8
6	176	Rachel Stevenson	U11	F	Moston & District Harriers	26.7

150M Heat 2

1	167	Emma Cullen	U13	F	Trafford AC	20.8
2	193	Alan Woods	U13	M	Bolton United Harriers	21.4
3	121	Olivia Callaghan	U13	F	Sale Harriers Manchester	21.8
4	148	Natalie Davies	U13	F	East Cheshire Harriers & Tamesid	23.8
5	150	Gabriella Guarnieri	U13	F	East Cheshire Harriers & Tamesid	24.6
6	160	Nicola Berry	U13	F	Stockport Harriers & AC	26.9

150M Heat 3

1	101	Liane Bibby	U13	F	St. Helens Sutton AC	23.6
2	128	Lucy Darby	U13	F	Bolton United Harriers	24.4
3	126	Charlotte Darby	U13	F	Bolton United Harriers	24.5
4	164	Katie O'Hanlon	U13	F	Moston & District Harriers	24.8

150M Heat

1	133	Chelsea Mitchell	U13	F	Spennorth & District AC	23.2
2	189	Holly Hemmings-Fitton	U13	F	Sale Harriers Manchester	25.0
3	161	Lydia Danton	U13	F	Stockport Harriers & AC	29.1

200M Heat 1

1	102	Carlos Holder	U23	M	Trafford AC	23.20
2	125	Andrew Spence	U17	M	Liverpool Harriers & AC	24.20
3	124	Anthony Marsh	U17	M	Liverpool Harriers & AC	25.00
4	145	Laura Gillespy	U20	F	Blackpool & Fylde AC	25.80

200M Heat 2

1	112	Max Igbon	U17	M	Trafford AC	25.80
2	177	Sean Cullen	U17	M	Trafford AC	26.40
3	171	Carl McClendon	U17	M	Trafford AC	27.10

200M Heat 3

1	100	Victoria malady	U15	F	Trafford AC	27.9
2	208	Becky Murphy-Bates	U17	F	Horwich RMI Harriers & AC	28.0
3	143	Zoe Reid	U17	F	Trafford AC	28.4
4	162	Kirsty Drabble	U17	F	Sale Harriers Manchester	28.7
5	209	Lexi Cochrane	U15	F	Horwich RMI Harriers & AC	31.0

200M Heat 4

1	184	Jodie Woolfe	U15	F	Trafford AC	29.8
2	206	Emma Benson	U15	F	Moston & District Harriers	30.4
3	215	Ciara Hindley	U15	F	Stockport Harriers & AC	30.8
4	174	Helen Schilizzi	U15	F	Trafford AC	30.9
5	194	Anya Vyas	U15	F	Trafford AC	31.9
6	131	Katy Wyper	U15	F	Blackpool & Fylde AC	32.3

300M Heat 1

1	162	Kirsty Drabble	U17	F	Sale Harriers Manchester	42.4
2	208	Becky Murphy-Bates	U17	F	Horwich RMI Harriers & AC	43.0
3	155	Danielle Bamber	U17	F	Blackpool & Fylde AC	43.8

400M Heat 1

1	207	Bruce Pilkington	U17	M	Horwich RMI Harriers & AC	50.8
2	142	Sam Gough	U17	M	Horwich RMI Harriers & AC	53.9
3	122	Daniel Gardiner	U17	M	Leeds City AC	54.8
4	201	Abby Glover	U17	F	Derby AC	62.5

600m Heat 1

1	106	Kirsten McAskan	U13	F	East Cheshire Harriers & Tamesid	01:46.4
2	180	Weris Ibrahim	U13	F	Moston & District Harriers	01:50.9
3	170	Richard Lindley	U13	M	Stockport Harriers & AC	01:52.5
4	123	Louise Harrison	U13	F	Blackpool & Fylde AC	01:53.4
5	138	Ashleigh Bamber	U13	F	Salford Metropolitan AC	01:56.2

600m Heat 2

1	148	Natalie Davies	U13	F	East Cheshire Harriers & Tamesid	01:59.1
2	196	Imogen Nutter	U13	F	Stockport Harriers & AC	02:05.9
3	164	Katie O'Hanlon	U13	F	Moston & District Harriers	02:09.4
4	115	Chloe-May Glewis	U13	F	Salford Metropolitan AC	02:10.5
5	160	Nicola Berry	U13	F	Stockport Harriers & AC	02:12.4
6	159	Bryony Mutton	U13	F	Bolton United Harriers	02:15.8
7	161	Lydia Danton	U13	F	Stockport Harriers & AC	02:34.2

600m Heat 3

1	149	Hannah Davies	U11	F	East Cheshire Harriers & Tamesid	02:06.1
2	111	Alice Bowden	U11	F	Stockport Harriers & AC	02:07.1
3	187	Lauren Alford	U11	F	East Cheshire Harriers & Tamesid	02:10.1
4	158	Aimee Aikin	U11	F	Stockport Harriers & AC	02:12.0
5	176	Rachel Stevenson	U11	F	Moston & District Harriers	02:15.0
6	157	Emma O'Connell	U11	F	Stockport Harriers & AC	02:18.0
7	116	Louise Wilson	U11	F	Salford Metropolitan AC	02:22.1
8	197	Melissa West	U11	F	Trafford AC	02:33.9

800m Heat 1

1	178	Sarah Rhodes	SEN	F	Coventry Godiva	02:25.3
2	127	Hannah Darby	U17	F	Bolton United Harriers	02:35.0
3	174	Helen Schilizzi	U15	F	Trafford AC	02:39.6
4	146	Linda Gabriel	V35	F	Trafford AC	02:40.3
5	206	Emma Benson	U15	F	Moston & District Harriers	02:42.0

800m Heat 2

1	103	Rob Ingham	SEN	M	Oldham & Royton Harriers & AC	02:04.2
2	136	Chris Horniman	U17	M	Moston & District Harriers	02:24.5
3	203	Josh McHugh	U15	M	Trafford AC	02:24.7
4	182	Dominic Abraham	U17	M	Moston & District Harriers	02:33.8

1000M Heat 1

1	152	Katie Reynolds	U13	F	East Cheshire Harriers & Tamesid	03:20.6
2	180	Weris Ibrahim	U13	F	Moston & District Harriers	03:24.0
3	179	Conor Woolstencroft	U13	M	Moston & District Harriers	03:28.2
4	114	Sam Bowden	U13	M	Stockport Harriers & AC	03:37.5

1500M HEAT 1

1	134	David Meyer	U15	M	Trafford AC	04:56.6
2	213	Jenny Davies	U15	F	Blackpool & Fylde AC	05:01.0
3	147	Rebecca Fordham	U17	F	Bolton United Harriers	05:14.9
4	214	Kate Spilsbury	U20	F	Vale Royal AC	05:30.1

3000m Heat 1

1	135	David Horniman	U17	M	Moston & District Harriers	09:57.1
2	107	Jack Sutton	U17	M	Moston & District Harriers	10:04.7
3	168	David Kukalowicz-Booth	V40	M	Trafford AC	10:39.8
4	147	Rebecca Fordham	U17	F	Bolton United Harriers	11:20.1
5	108	Stephen Christie	U15	M	Moston & District Harriers	12:11.1

DISCUS

1	122	Daniel Gardiner	U17	M	Leeds City AC	31.63
2	190	Thomas Crawford	U17	M	Trafford AC	24.53
3	139	Daniel Bowkett	U15	M	Dearne High AC	24.28
4	167	Emma Cullen	U13	F	Trafford AC	19.63
5	141	Aiden Law	U15	M	Dearne High AC	19.31
6	129	Jacob Gardiner	U13	M	Leeds City AC	17.51
7	109	Rebecca Makin	U15	F	Bolton United Harriers	15.88
8	140	Steven Bowkett	U13	M	Dearne High AC	11.47

HIGH JUMP

1	182	Dominic Abraham	U17	M	Moston & District Harriers	1.80
2	171	Carl McClendon	U17	M	Trafford AC	1.50
3	186	Sam Bowden	U17	M	Moston & District Harriers	1.50
4	204	Kamahl Whight	U15	M	Trafford AC	1.45
5	194	Anya Vyas	U15	F	Trafford AC	1.35
6	182	Dominic Abraham	U17	M	Moston & District Harriers	1.30
7	106	Kirsten McAskan	U13	F	East Cheshire Harriers & Tamesid	1.25
8	150	Gabriella Guarnieri	U13	F	East Cheshire Harriers & Tamesid	1.00

JAVELIN

1	104	Pawlo Ostapowycz	V50	M	Trafford AC	48.02
2	120	Anthony Timms	U20	M	Pudsey & Bramley AC	46.21
3	122	Daniel Gardiner	U17	M	Leeds City AC	38.41
4	183	Neil Bell	U20	M	Trafford AC	37.51
5	190	Thomas Crawford	U17	M	Trafford AC	35.90
6	129	Jacob Gardiner	U13	M	Leeds City AC	22.39
7	151	Kikka Scales	U13	F	Sale Harriers Manchester	21.20
8	173	Anja Fletchman-Brown	U15	F	Trafford AC	19.45
9	109	Rebecca Makin	U15	F	Bolton United Harriers	18.28
10	110	Robert Makin	U13	M	Bolton United Harriers	15.70
11	137	Sean Scully	U13	M	Trafford AC	15.55
12	101	Liane Bibby	U13	F	St. Helens Sutton AC	15.40
13	117	Jack Sheldon	U11	M	Salford Metropolitan AC	14.52

LONG JUMP POOL 1

1	167	Emma Cullen	U13	F	Trafford AC	4.07
2	152	Katie Reynolds	U13	F	East Cheshire Harriers & Tamesid	3.95
3	144	Thomas Hebden	U11	M	Stockport Harriers & AC	3.82
4	121	Olivia Callaghan	U13	F	Sale Harriers Manchester	3.69
5	138	Ashleigh Bamber	U13	F	Salford Metropolitan AC	3.69
6	187	Lauren Alford	U11	F	East Cheshire Harriers & Tamesid	3.64
7	115	Chloe-May Glewis	U13	F	Salford Metropolitan AC	3.56
8	105	Andrew McAslan	U11	M	Middleton Harriers AC	3.56
9	149	Hannah Davies	U11	F	East Cheshire Harriers & Tamesid	3.53
10	153	Alysha Porter	U11	F	Salford Metropolitan AC	3.53
11	128	Lucy Darby	U13	F	Bolton United Harriers	3.50
12	195	Ricky Vyas	U11	M	Trafford AC	3.50
13	170	Richard Lindley	U13	M	Stockport Harriers & AC	3.48
14	158	Aimee Aikin	U11	F	Stockport Harriers & AC	3.47
15	151	Kikka Scales	U13	F	Sale Harriers Manchester	3.46
16	189	Holly Hemmings-Fitton	U13	F	Sale Harriers Manchester	3.44
17	157	Emma O'Connell	U11	F	Stockport Harriers & AC	3.40
18	185	Shanika Whight	U13	F	Trafford AC	3.33
19	117	Jack Sheldon	U11	M	Salford Metropolitan AC	3.26
20	160	Nicola Berry	U13	F	Stockport Harriers & AC	3.12
21	156	James Parrott	U11	M	Stockport Harriers & AC	3.05
22	179	Conor Woolstencroft	U13	M	Moston & District Harriers	3.04
23	126	Charlotte Darby	U13	F	Bolton United Harriers	3.02
24	164	Katie O'Hanlon	U13	F	Moston & District Harriers	2.97
25	148	Natalie Davies	U13	F	East Cheshire Harriers & Tamesid	2.92
26	116	Louise Wilson	U11	F	Salford Metropolitan AC	2.85
27	159	Bryony Mutton	U13	F	Bolton United Harriers	2.81
28	196	Imogen Nutter	U13	F	Stockport Harriers & AC	2.75
29	137	Sean Scully	U13	M	Trafford AC	2.63
30	192	Rhea Buckley	U11	F	Trafford AC	2.25
31	161	Lydia Danton	U13	F	Stockport Harriers & AC	2.01
32	191	Heather Crawford	U11	F	Trafford AC	1.79

LONG JUMP POOL 2

1	120	Anthony Timms	U20	M	Pudsey & Bramley AC	6.18
2	175	Leonie Fletchman-Brown	U17	F	Trafford AC	4.46
3	173	Anja Fletchman-Brown	U15	F	Trafford AC	4.32
4	201	Abby Glover	U17	F	Derby AC	4.29
5	127	Hannah Darby	U17	F	Bolton United Harriers	4.20
6	216	Joshua Boaler	U15	M	Bolton United Harriers	4.19
7	181	Bethany Hurst	U15	F	East Cheshire Harriers & Tamesid	3.92
8	100	Victoria malady	U15	F	Trafford AC	3.86
9	184	Jodie Woolfe	U15	F	Trafford AC	3.67
10	147	Rebecca Fordham	U17	F	Bolton United Harriers	3.63
11	131	Katy Wyper	U15	F	Blackpool & Fylde AC	3.60
12	174	Helen Schilizzi	U15	F	Trafford AC	3.39
13	172	Ella Watson	U17	F	Trafford AC	3.27
14	210	Jessica O'Neill	U17	F	Sale Harriers Manchester	2.40

SHOT PUTT

1	129	Jacob Gardiner	U13	M	Leeds City AC	8.83
2	151	Kikka Scales	U13	F	Sale Harriers Manchester	6.88
3	188	Sammy Thompson	U13	F	Trafford AC	6.59
4	133	Chelsea Mitchell	U13	F	Spennborough & District AC	6.16
5	185	Shanika Whight	U13	F	Trafford AC	5.63
6	114	Sam Bowden	U13	M	Stockport Harriers & AC	5.55
7	140	Steven Bowkett	U13	M	Dearne High AC	4.74
8	165	Charley Crompton	U13	F	Trafford AC	4.30
9	132	Holly Wyper	U13	F	Blackpool & Fylde AC	3.87
10	163	Nicholas O'Hanlon	U11	M	Moston & District Harriers	3.55

SHOT PUTT

1	139	Daniel Bowkett	U15	M	Dearne High AC	12.75
2	190	Thomas Crawford	U17	M	Trafford AC	10.59
3	141	Aiden Law	U15	M	Dearne High AC	10.02
4	104	Pawlo Ostapowycz	V50	M	Trafford AC	9.95
5	130	Robert Wyper	SEN	M	Blackpool & Fylde AC	9.36
6	204	Kamahl Whight	U15	M	Trafford AC	8.08
7	109	Rebecca Makin	U15	F	Bolton United Harriers	7.79
8	209	Lexi Cochrane	U15	F	Horwich RMI Harriers & AC	4.83