

**BMC 800M MENS RACE A**

1	78	Michael Rimmer	U23	M	Liverpool Harriers & AC	01:49.4
2	67	Tom Holden	SEN	M	Tipton Harriers	01:52.0
3	88	Garry Bristow	U20	M	Trafford AC	01:52.3
4	217	Jonny Mellor	U23	M	Liverpool Harriers & AC	01:53.7
5	216	John Mannion	U23	M	Liverpool Harriers & AC	01:54.3
6	244	Simon marwood	SEN	M	Altrincham & District AC	01:55.7
7	237	Rob Ingham	U23	M	Oldham & Royton Harriers & AC	01:56.9
8	95	Ben Styles	U20	M	Stockport Harriers & AC	

**BMC 800 MEN'S RACE B**

1	214	Christopher Smith	U20	M	Wirral AC	01:56.05
2	92	Rob Berky	SEN	M	Southport Waterloo AC	01:56.38
3	99	Steve Borrill	U23	M	Scunthorpe & District AC	01:58.68
4	83	Craig Pearson	SEN	M	Cannock & Staffs AC	01:59.09

**100M Heat 1**

1	30	Rick Beardsell	SEN	M	Trafford AC	11.22
2	15	Carlos Holder	U23	M	Trafford AC	11.26
3	35	Darren Scott	SEN	M	Trafford AC	11.38
4	33	Neil Hewson	SEN	M	Trafford AC	11.40
5	44	Gareth Breeze	U20	M	Sale Harriers Manchester	11.70
6	9	Daniel Nelson	U20	M	Unattached	11.71

**100M Heat 2**

1	86	Paul Grattage	SEN	M	Burnley AC	11.83
2	43	Andrew Lindley	U20	M	Trafford AC	11.86
3	49	Steven Allister	U20	M	Trafford AC	12.13
4	73	Michael Harris	SEN	M	Taunton AC	12.23
5	31	Ioan Holmes	SEN	M	Ynys Mon AC	12.44
6	68	David Hornsby	V45	M	Burnley AC	12.91

**100M Heat 3**

1	20	Simon Murray	SEN	M	Unattached	12.35
2	32	Jon Lyall	U20	M	Ynys Mon AC	12.44
3	85	Ian Scholes	V45	M	Trafford AC	13.15
4	61	Maria Edusei	U20	F	Trafford AC	13.99

**200M Heat 1**

1	35	Darren Scott	SEN	M	Trafford AC	22.45
2	33	Neil Hewson	SEN	M	Trafford AC	22.49
3	30	Rick Beardsell	SEN	M	Trafford AC	22.58
4	59	Scott Caine	U23	M	Trafford AC	22.62
5	86	Paul Grattage	SEN	M	Burnley AC	23.31

**200M Heat 2**

1	71	Robert Sloane	U20	M	University of Manchester	24.23
2	76	Chris Perrey	SEN	M	Border Harriers & AC	24.83

**200M Heat 3**

1	12	Steven Atty	SEN	M	Trafford AC	26.26
2	55	Kayleigh Hill	U20	F	Unattached	26.39
3	79	Nikysha Ferguson	U23	f	Trafford AC	26.75

**400M Heat 1**

1	77	Ian Lowthian	SEN	M	Sale Harriers Manchester	50.27
2	84	Bruce Pilkington	U17	M	Horwich RMI Harriers & AC	52.54
3	45	Bernard Ward	SEN	M	Trafford AC	53.22
4	10	Glen Hamilton	SEN	M	Sale Harriers Manchester	54.59

**400M Heat 2**

1	73	Michael Harris	SEN	M	Taunton AC	53.80
2	75	Nathan Scholes	U17	M	Trafford AC	54.90
3	19	Andrew Hunt	U20	M	Birchfield Harriers & AC	57.20

**400M Heat 3**

1	81	Andrew Hutchinson	V45	M	Northern Vets	60.19
2	74	Vic Blanchard	V60	M	Northern Vets	61.88
3	210	Chris Greenall	SEN	M	Burnden Road Runners	63.59

**400M Heat 4**

1	38	Anita Richardson	SEN	F	Trafford AC	58.27
2	47	Julie Price	SEN	F	Altrincham & District AC	58.66
3	227	Emma McIntyre	SEN	F	Sale Harriers Manchester	59.01
4	54	Eleanor Richardson	U23	F	Sale Harriers Manchester	60.62
5	69	Emma Hornsby	U17	F	Blackburn Harriers & AC	62.92
6	90	Nicollla Ellis	U17	F	Trafford AC	67.43

**800m Heat 1**

1	225	Ste Broadhurst	U17	M	Warrington AC	01:59.20
2	248	Jonathan Walch	U20	M	Stockport Harriers & AC	01:59.54
3	235	Adam Peers	U20	M	Liverpool Harriers & AC	01:59.56
4	246	Abdivisak Ahmed	u17	M	City of Sheffield AC	01:59.68
5	221	Michael Sawrey	SEN	M	Trafford AC	02:00.97
6	219	Rob Jowett	U20	M	Sale Harriers Manchester	02:01.09
7	87	Glen George	U20	M	Warrington AC	02:01.44
8	211	Matthew Jones	SEN	M	Wrexham AAC	02:03.34
9	24	Graeme Mason	SEN	M	Border Harriers & AC	02:04.42
10	218	Stephen Pearson	U17	M	Stockport Harriers & AC	02:10.29

**800m Heat 2**

1	242	Paul McMahon	U23	M	Trafford AC	02:03.72
2	37	Bashir Hussain	V40	M	Stockport Harriers & AC	02:04.24
3	94	Danny Brocklehurst	U20	M	Trafford AC	02:06.05
4	233	Rayford beaumont	U20	M	Trafford AC	02:06.78
5	236	Jason McConigle	U17	M	Warrington AC	02:07.98
6	89	James Toohey	U17	M	Liverpool Harriers & AC	02:08.05
7	230	Paul Connolly	SEN	M	Salford Metropolitan AC	02:10.91

**800m Heat 3**

1	215	Victoria O'Donnell	U20	F	Trafford AC	02:11.89
2	36	Laura Siddall	SEN	F	Sale Harriers Manchester	02:12.42
3	222	Graham marsland	SEN	M	Stockport Harriers & AC	02:12.74
4	262	Michael Aspden	U15	M	Hyndburn AC	02:12.78
5	50	James McKay	SEN	M	Unattached	02:13.98
6	226	kaye Kirkham	U23	F	Sale Harriers Manchester	02:14.58
7	98	Steven leigh	U20	M	Trafford AC	02:15.11
8	82	Joanne Duxbury	U20	F	Trafford AC	02:15.59

**800m Heat 4**

1	224	Rachel McHugh	SEN	F	Trafford AC	02:17.86
2	223	Kasey Le Shuttleworth	U20	F	East Cheshire Harriers & Tameside	02:18.08
3	239	Kirsty Milner	U20	F	Trafford AC	02:18.10
4	212	Sarah Wiblin	U20	F	Trafford AC	02:18.46
5	261	Lucy Gemmill	U17	F	Warrington AC	02:19.71
6	274	Ashleigh Williams	U17	F	Hyndburn AC	02:19.72
7	208	Danielle McCann	U20	F	Preston Harriers	02:21.34
8	267	Catherine Dudbridge	U20	F	Hyndburn AC	02:21.87

**800m Heat 5**

1	213	Michelle Wiblin	U15	F	Stockport Harriers & AC	02:22.21
2	243	Robin Beaumont	v40	M	Trafford AC	02:23.29
3	245	Tyra Watson	U15	F	Sale Harriers Manchester	02:24.36
4	97	Charlotte maxted	U20	F	Nestle Rowntree AC	02:24.61
5	210	Chris Greenall	SEN	M	Burnden Road Runners	02:28.32
6	229	Lorna Hill	U17	F	Oldham & Royton Harriers & AC	02:28.60
7	268	Jennifer Mitchell	U17	F	Hyndburn AC	02:37.81

**800m Heat 6**

1	250	JoN Howe	v50	M	Trafford AC	02:32.49
2	231	Alison Patrick	U20	F	Warrington AC	02:32.57
3	269	Clare Bunting	U17	F	Hyndburn AC	02:34.39
4	270	Heather Williams	U17	F	Hyndburn AC	02:40.60
5	228	Ivan MacIntyre	V45	M	Sale Harriers Manchester	02:54.81
6	52	Ian Campbell	V55	M	Unattached	03:18.97
7	96	Thomas Malone	V45	M	Sale Harriers Manchester	03:24.13

**1500M HEAT 1**

1	253	Matin Williams	SEN	M	Tipton Harriers	03:55.19
2	51	Ross Millington	U17	M	Stockport Harriers & AC	03:55.32
3	254	Phil Nicholls	SEN	M	Tipton Harriers	03:56.05
4	252	Ben Lindsay	U20	M	Pendle AC	03:59.02
5	240	Ciaran McCaughey	U17	M	Trafford AC	04:03.76
6	256	Steve Smith	V45	M	Preston Harriers	04:06.80
7	273	Jack Cutsworth	U17	M	Kingston upon Hull AC	04:07.59
8	232	Graham Hogg	U20	M	Trafford AC	04:08.51
9	275	Matt Jackson	U17	M	Warrington AC	04:09.06
10	62	Tom Cunningham	U20	M	Blackpool & Fylde AC	04:10.65
11	220	Helen Clitheroe	SEN	F	Preston Harriers	04:11.02
12	5	Jarratt Perkins	U20	M	Scunthorpe & District AC	04:25.27

**1500M HEAT 2**

1	209	Andy Blair	SEN	M	Sale Harriers Manchester	04:10.43
2	257	Nathan Riding	U230	M	Hyndburn AC	04:11.03
3	247	Claire Entwistle	SEN	F	Trafford AC	04:21.49
4	260	Robbie Schofield	U17	M	Hyndburn AC	04:27.19
5	234	karen Hill	SEN	F	Trafford AC	04:31.26
6	255	Mike Stores	V45	M	Manchester Harriers & AC	04:32.42
7	258	Joseph Basquill	U15	M	Hyndburn AC	04:36.04
8	259	Ian Yates	U15	M	Hyndburn AC	04:45.36
9	238	Martin Bailey	SEN	M	Newcastle (Staffs) AC	04:48.07
10	263	Leigh Lennon	U17	F	Hyndburn AC	04:50.17
11	241	Kristie Leybourne	U15	F	Blackpool & Fylde AC	04:56.99

**1500M HEAT 3**

1	249	Jacki Fairchild	U20	F	Trafford AC	04:50.11
2	100	Emma Willits	U20	F	Nestle Rowntree AC	04:55.28
3	28	Liam Turnbull	U17	M	Stockport Harriers & AC	05:03.07
4	210	Chris Greenall	SEN	M	Burnden Road Runners	05:09.73
5	271	Suzanne Bailey	U17	F	Hyndburn AC	05:17.07
6	266	Sarah Crossley	U17	F	Hyndburn AC	05:21.49
7	272	Amy Crabtree	U15	F	Hyndburn AC	05:22.44
8	265	Nicola barnes	U20	F	Hyndburn AC	05:29.59
9	264	Abbie Downing	U15	F	Hyndburn AC	05:43.60

**3000m Heat 1**

1	2	Steve vernon	SEN	M	Stockport Harriers & AC	08:06.31
2	56	Simon Horsfield	U17	M	East Cheshire Harriers & Tamesid	08:25.82
3	8	Craig Gundersen	U20	M	Liverpool Harriers & AC	08:45.92
4	1	Andy Nixon	U20	M	Stockport Harriers & AC	08:46.69
5	24	Graeme Mason	SEN	M	Border Harriers & AC	08:57.13
6	46	Joseph Christopher	U17	M	Horwich RMI Harriers & AC	09:01.17
7	57	Philip Leybourne	SEN	M	Salford Harriers & AC	09:02.51
8	7	Nigel Malkin	U20	M	Scunthorpe & District AC	09:04.82
9	63	Paul Smith	SEN	M	Altrincham & District AC	09:05.98
10	4	Marcus Ely	U17	M	Sale Harriers Manchester	09:08.45
11	29	Mike Shaw	V40	M	Stockport Harriers & AC	09:11.29
12	5	Jarratt Perkins	U20	M	Scunthorpe & District AC	09:12.82
13	25	Joey Parkinson	V40	M	Liverpool Harriers & AC	09:16.23
14	48	Jeff Prest	SEN	M	Altrincham & District AC	09:20.54
15	22	Gareth Turner	U23	M	Hallamshire Harriers Sheffield	09:24.76
16	60	David Safranauskas	SEN	M	Trafford AC	09:36.60

3000m Heat 2

1	37	Bashir Hussain	V40	M	Stockport Harriers & AC	08:59.50
2	3	Jessica Coulson	U17	F	Stockport Harriers & AC	09:30.10
3	66	James Graham	SEN	M	Spectrum Striders	09:32.96
4	40	David Southern	V50	M	Altrincham & District AC	09:41.62
5	64	Dave Carrington	V50	M	Altrincham & District AC	09:44.17
6	39	Nick Burke	SEN	M	Altrincham & District AC	09:47.58
7	50	James McKay	SEN	M	Unattached	09:48.92
8	6	Garry Perkins	V50	M	Scunthorpe & District AC	09:55.92
9	71	Robert Sloane	U20	M	University of Manchester	10:27.80
10	21	Tessa Walker	SEN	F	Telford AC	10:31.29
11	65	Mark Carrington	U20	M	Unattached	10:35.98
12	72	Ravi Hensman	U20	M	University of Manchester	10:39.71
13	42	Julia Leventon	SEN	F	Trafford AC	10:47.10
14	11	Mike Cunningham	V60	M	Manchester Harriers & AC	11:01.23
15	41	Melissa Davis	U23	F	Trafford AC	12:08.30

HAMMER

1	27	Lesley Brannan	SEN	F	Birchfield Harriers & AC	57.55
2	17	Mark Gulliver	SEN	M	Leeds City AC	52.10
3	13	Roger Bate	SEN	M	Trafford AC	50.21
4	14	Jemma Kelly	SEN	F	Trafford AC	45.34
5	20	Simon Murray	SEN	M	Unattached	40.69
6	70	Julian Clare	SEN	M	Trafford AC	37.16
7	16	Faye Calvert	U20	F	Deeside AAC	33.85
8	12	Steven Atty	SEN	M	Trafford AC	31.85
9	34	Lauren Clark	U17	F	Warrington AC	25.31

DISCUS

1	14	Jemma Kelly	SEN	F	Trafford AC	38.48
2	18	James Fortune	U15	M	Deeside AAC	35.68
3	70	Julian Clare	SEN	M	Trafford AC	35.44
4	16	Faye Calvert	U20	F	Deeside AAC	31.44
5	80	Walter Nicholls	V70	M	Trafford AC	21.24

JAVELIN

1	93	Ben Fisher	U23	M	St. Helens Sutton AC	54.55
2	70	Julian Clare	SEN	M	Trafford AC	51.18
3	58	Robyn Purchase	U17	f	Wrexham AAC	34.56
4	276	Katia Lannon	U23	F	Sale Harriers Manchester	33.75

HIGH JUMP

1	93	Ben Fisher	U23	M	St. Helens Sutton AC	1.75
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