

BMC 800M MENS RACE A

1	94	Tom Gayle	SEN	M	City of Stoke AC	01:52.59
2	87	Tom Doe	SEN	M	Lincoln Wellington AC	01:53.17
3	100	Nick Bradley	U20	M	Border Harriers & AC	01:54.41
4	167	Simon Marwood	SEN	M	Altrincham & District AC	01:54.85
5	169	Tom Warrender	SEN	M	Wolverhampton & Bilston AC	01:55.61
6	105	Garth Allott	U20	M	Staffs Moorlands AC	01:56.89
7	159	Alastair Smith	U20	M	Nestle Rowntree AC	01:57.18
8	29	Steve Borrill	U23	M	Scunthorpe & District AC	01:57.45

BMC 800 MEN'S RACE B

1	56	Liam McCully	U20	M	Liverpool Harriers & AC	01:55.43
2	109	Andrew Wiles	U20	M	Middlesbrough AC (Mandale)	01:56.64
3	150	James griffiths	U20	M	Vale Royal AC	01:57.52
4	111	Andrew Maguire	U17	M	Middlesbrough AC (Mandale)	01:57.69
5	155	Michael Sawrey	SEN	M	Trafford AC	01:59.16
6	132	Jack Hallas	U17	M	Spennborough & District AC	01:59.70
7	19	James Wardman	SEN	M	Richmond & Zetland AC	02:00.65
8	124	Michael Hunt	SEN	M	Pendle AC	02:01.03
9	134	Jack Cutsworth	U17	M	Kingston upon Hull AC	02:01.23

MENS 1500m RACE A

1	179	Shaun MORALEE	U23	M	Durham City Harriers	03:48.23
2	170	Michael Morris	SEN	M	Morpeth Harriers & AC	03:56.50
3	58	James McCully	U20	M	Liverpool Harriers & AC	03:57.36
4	156	Jordan Donnelly	U20	M	Wirral AC	03:58.22
5	126	Jonathan Thewlis	SEN	M	Rotherham Harriers & AC	04:00.84
6	184	Abdirisak Ahmed	U17	M	City of Sheffield AC	04:01.33
7	168	Alasdair Russell	U20	M	Kendal AAC	04:03.76
8	59	Hywel Care	SEN	M	Nestle Rowntree AC	04:04.02
9	178	James Russell	U20	M	Liverpool Harriers & AC	04:04.10
10	131	Rob Dewhurst	SEN	M	Liverpool Harriers & AC	04:04.43
11	113	Nathan Riding	U20	M	Hyndburn AC	04:05.06
12	183	Lawrence Walker	U17	M	Warrington AC	04:06.09
13	137	Tom Cornthwaite	U23	M	Blackburn Harriers & AC	04:06.55
14	182	David Catt	U20	M	Liverpool Harriers & AC	04:11.45

100M Heat 1

1	39	Carlos Holder	U23	M	Trafford AC	11.08
2	9	Stephen Blydon	SEN	M	Lincoln Wellington AC	11.29
3	45	Matthew Cottam	U20	M	Bingley Harriers & AC	11.38
4	20	Dave Readle	SEN	M	Liverpool Pembroke & Sefton	11.41
5	63	Anthony Ashley	SEN	M	Bury AC	11.56
6	33	Sahr david Gbatta	SEN	M	Bingley Harriers & AC	11.65

100M Heat 2

1	48	Daniel Nelson	U20	M	Unattached	11.58
2	93	Aiden Gilmore	SEN	M	Oldham & Royton Harriers & AC	11.72
3	67	Marc Mullen-Browne	SEN	M	Stockport Harriers & AC	11.84
4	46	Harrison Foster	U17	M	Bingley Harriers & AC	11.86
5	44	Peter Hickey	V45	M	Northern Vets	12.43

100M Heat 3

1	31	Kiaran Cox	SEN	M	University of Huddersfield	12.08
2	30	Robert Hyatt	SEN	M	Loughton AC	12.32
3	52	Francis Scott	V45	M	Altrincham & District AC	12.64
4	11	James Slater	SEN	M	Lincoln Wellington AC	12.76
5	85	Ian Scholes	V45	M	Trafford AC	12.85

100M Heat 4

1	22	Danielle Fawkes	U23	F	University of Birmingham	12.70
2	26	Susan Bagnall	U23	F	Deeside AAC	12.99
3	53	Steven Leigh	U20	M	Trafford AC	13.64
4	68	Edwina Anyanwi	SEN	F	Trafford AC	13.72
5	34	Dominique Pettier	U20	M	Bingley Harriers & AC	13.78
6	78	Marian Edusi	U20	F	Trafford AC	14.64

200M Heat 1

1	47	Scott Caine	U23	M	Trafford AC	22.10
2	39	Carlos Holder	U23	M	Trafford AC	22.17
3	45	Matthew Cottam	U20	M	Bingley Harriers & AC	23.05
4	9	Stephen Blaydon	SEN	M	Lincoln Wellington AC	23.07
5	33	Sahr david Gbatta	SEN	M	Bingley Harriers & AC	23.54

200M Heat 2

1	82	David Clifford	SEN	M	Shaftesbury Barnet Harriers	23.15
2	123	Gareth Breeze	U20	M	Sale Harriers Manchester	23.30
3	63	Anthony Ashley	SEN	M	Bury AC	23.52
4	67	Marc Mullen-Browne	SEN	M	Stockport Harriers & AC	23.78

200M Heat 3

1	120	Chris Bramah	U20	M	Trafford AC	23.43
2	93	Aiden Gilmore	SEN	M	Oldham & Royton Harriers & AC	23.55
3	46	Harrison Foster	U17	M	Bingley Harriers & AC	23.84
4	144	Scott Riley	SEN	M	Trafford AC	23.85
5	151	Alzred matturi	U20	M	Trafford AC	24.28
6	44	Peter Hickey	V45	M	Northern Vets	24.79

200M Heat 4

1	128	Matthew Cliff	U23	M	Liverpool Harriers & AC	24.74
2	52	Francis Scott	V45	M	Altrincham & District AC	25.59
3	85	Ian Scholes	V45	M	Trafford AC	25.69
4	11	James Slater	SEN	M	Lincoln Wellington AC	25.93

200M Heat 5

1	22	Danielle Fawkes	U23	F	University of Birmingham	25.93
2	26	Susan Bagnall	U23	F	Deeside AAC	26.52
3	53	Steven Leigh	U20	M	Trafford AC	27.46
4	92	Melanie Turner	U20	F	Oldham & Royton Harriers & AC	27.72

400M Heat 1

1	40	Lawrence Baird	SEN	M	Trafford AC	49.56
2	149	Paul Grattage	SEN	M	Bury AC	50.52
3	79	Andrew Dean-Young	U20	M	University of Birmingham	50.87
4	70	Simon Newton	U20	M	City of Sheffield AC	50.95
5	74	Bernard Ward	SEN	M	Trafford AC	52.48
6	104	Rick Mather	SEN	M	Oldham & Royton Harriers & AC	54.13

400M Heat 2

1	101	Mike carroll	U20	M	Vale Royal AC	53.37
2	35	Josh Allan	U15	M	Bingley Harriers & AC	53.46
3	114	Joe Basquill	U15	M	Hyndburn AC	54.78
4	42	Nathan Scholes	U17	M	Trafford AC	55.34
5	112	Michael Smith	U20	M	Hyndburn AC	55.87
6	115	Michael Aspen	U15	M	Hyndburn AC	57.37

400M Heat 3

1	96	James Plant	U17	M	Newcastle (Staffs) AC	54.97
2	23	Seemita Gumbs	SEN	F	Birchfield Harriers & AC	57.19
3	98	Rachel McHugh	SEN	F	Trafford AC	58.30
4	91	Anita Richardson	SEN	F	Trafford AC	58.80
5	117	Leigh Lennon	U17	F	Hyndburn AC	59.12

400M Heat 4

1	95	Bobby Ansell	U15	M	Newcastle (Staffs) AC	60.81
2	97	Laura garside	U20	F	Newcastle (Staffs) AC	61.35
3	102	Kate Wilson	U17	F	Spennborough & District AC	62.51
4	72	Emma Hornsby	U17	F	Blackburn Harriers & AC	62.74
5	73	Sarah Rhodes	SEN	F	Coventry Godiva Harriers	65.77

400M Heat 5

1	88	Vicki Robinson	SEN	F	Stockport Harriers & AC	62.23
2	92	Melanie Turner	U20	F	Oldham & Royton Harriers & AC	62.93
3	119	Nicola Barnes	U20	F	Hyndburn AC	66.66

800m Heat 1

1	145	Joshua Moody	U15	M	Matlock AC	01:59.66
2	138	Stephen Donegan	U23	M	Liverpool Pembroke & Sefton	02:00.06
3	154	Henri Lawson	U17	M	Pendle AC	02:00.26
4	57	Louis Forbes	U17	M	Liverpool Harriers & AC	02:00.41
5	129	Mike Toal	SEN	M	Northern Vets	02:00.51
6	140	Glen George	U20	M	Warrington AC	02:00.77
7	51	Paul Rockcliffe	SEN	M	Trafford AC	02:00.93
8	106	Aaron Barker	U17	M	Rossendale Harriers & AC	02:00.95
9	7	Graeme mason	SEN	M	Border Harriers & AC	02:04.03

800m Heat 2

1	136	Daniel Holiday	U20	M	Kingston upon Hull AC	02:03.94
2	43	Bashir Hussain	V40	M	Stockport Harriers & AC	02:05.00
3	141	Matt Jackson	U17	M	Warrington AC	02:05.47
4	146	Paul Sutcliffe	SEN	M	Spennborough & District AC	02:05.90
5	148	David Henshaw	U20	M	Manchester Harriers & AC	02:07.13
6	118	Ian Yates	U15	M	Hyndburn AC	02:08.64
7	171	Jeff Prest	SEN	M	Trafford AC	02:08.80
8	162	Karen Hill	SEN	F	Trafford AC	02:09.30

800m Heat 3

1	84	David Ayton	SEN	M	Wrexham AAC	02:10.06
2	158	Kieran Smith	U15	M	Nestle Rowntree AC	02:10.59
3	139	Chris Pedder	V45	M	Mossley Hill Ac	02:12.04
4	176	Jade Allen	U17	F	Rotherham Harriers & AC	02:15.45
5	143	Graham Marsland	SEN	M	Stockport Harriers & AC	02:16.67
6	175	Natalie Grant	U17	F	Rotherham Harriers & AC	02:16.93
7	161	Melissa Ronan	U20	F	Liverpool Harriers & AC	02:18.42

800m Heat 4

1	108	Anthony Hausermann	U15	M	Rosendale Harriers & AC	02:17.53
2	110	Kirsty Legg	U17	F	Middlesbrough AC (Mandale)	02:18.67
3	177	Jessica Fawcett	U17	F	Rotherham Harriers & AC	02:18.83
4	173	Jodie Spencer	U17	F	Kingston upon Hull AC	02:21.71
5	89	Lara Thomas	U17	F	Lincoln Wellington AC	02:21.94
6	157	Emma Hanpson	SEN	F	Stockport Harriers & AC	02:22.37
7	166	Robin Beaumont	V40	M	Trafford AC	02:23.19
8	165	Charlotte Maxted	U20	F	Nestle Rowntree AC	02:26.06

800m Heat 5

1	71	Carly Robertson	U15	M	Bingley Harriers & AC	02:27.16
2	133	Cheryl Lyons	SEN	F	Kingston upon Hull AC	02:27.20
3	153	Lorna Hill	U17	F	Oldham & Royton Harriers & AC	02:29.59
4	160	Joan Howe	V50	F	Trafford AC	02:31.99
5	125	Suzanne Bailey	U17	F	Hyndburn AC	02:34.86
6	152	Linda Gabriel	V40	F	Trafford AC	02:39.49
7	121	Amy Crabtree	U15	M	Hyndburn AC	02:40.41
8	122	Sarah Howe	U15	F	Hyndburn AC	02:40.86

1500M HEAT 1

1	107	Anthony Gotts	U23	M	Rosendale Harriers & AC	04:19.16
2	180	George Thompson	U23	M	Vale Royal AC	04:19.77
3	142	Catherine Riley	SEN	F	Trafford AC	04:20.55
4	174	Mike Shaw	V40	M	Stockport Harriers & AC	04:21.47
5	135	John Gilchrist	U17	M	Kingston upon Hull AC	04:22.69
6	130	Vicky Gill	SEN	F	Chorley Harriers	04:25.51
7	172	Nathan Bolton	U15	M	Spennborough & District AC	04:28.16
8	61	Ben Brown	U15	M	Liverpool Harriers & AC	04:28.43
9	181	Paul Galgey	U20	M	Liverpool Harriers & AC	04:29.49
10	139	Chris Pedder	V45	M	Mossley Hill Ac	04:29.63
11	60	Mike Bush	U15	M	Liverpool Harriers & AC	04:29.70
12	81	Mike Robbins	V40	M	Wrexham AAC	04:29.80
13	163	Chloe Patchett	U17	F	Spennborough & District AC	04:45.66

14	127	Martin Bailey	SEN	M	Newcastle (Staffs) AC	04:47.67
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3000m Heat 1

1	5	Richard Burney	SEN	M	Liverpool Harriers & AC	08:36.93
2	1	Martin Hilton	SEN	M	Leeds City AC	08:38.71
3	43	Bashir Hussain	V40	M	Stockport Harriers & AC	08:38.72
4	49	Andrew Lister	SEN	M	Trafford AC	08:42.44
5	7	Graeme mason	SEN	M	Border Harriers & AC	08:53.08
6	80	Damian Nicholls	SEN	M	Wilmslow	08:54.37
7	36	Steve Hallas	SEN	M	Preston Harriers	08:57.71
8	10	James Shaw	U20	M	East Cheshire Harriers & Tamesid	09:08.94
9	17	Andrew Skitt	U23	M	Manchester Harriers & AC	09:13.70
10	4	Jarratt Perkins	U20	M	Scunthorpe & District AC	09:19.22
11	12	Paul Blackshaw	V40	M	Middleton Harriers AC	09:25.73

3000m Heat 2

1	62	James Graham	SEN	M	Spectrum Striders	09:42.50
2	69	David Southern	V50	M	Altrincham & District AC	09:44.73
3	66	Paul Barrett	SEN	M	Sale Harriers Manchester	09:45.38
4	64	Dave Carrington	V50	M	Altrincham & District AC	09:45.80
5	28	Nick Burke	SEN	M	Altrincham & District AC	09:51.80
6	15	Sam Witter	U17	M	Oldham & Royton Harriers & AC	09:53.66
7	24	Alex Gostling	SEN	F	Leeds City AC	10:00.62
8	81	Mike Robbins	V40	M	Wrexham AAC	10:07.82
9	90	melvin Clewlow	V40	M	Newcastle (Staffs) AC	10:09.73
10	13	Stevie Stockton	U20	F	Vale Royal AC	10:09.85
11	83	Caroline Harney	SEN	F	Wrexham AAC	10:11.55
12	51	Paul Rockcliffe	SEN	M	Trafford AC	10:21.87
13	50	Julia Leventon	SEN	F	Trafford AC	10:41.89
14	14	James Witter	U17	M	Oldham & Royton Harriers & AC	10:42.81
15	16	Matthew Holmes	U23	M	Manchester Harriers & AC	10:45.63
16	41	Mike Cunningham	V60	M	Manchester Harriers & AC	10:50.80
17	86	Anna Verges	V35	F	Trafford AC	10:56.08
18	27	Victoria Jones	U20	F	Vale Royal AC	11:36.09
19	77	Chris Greenall	SEN	M	Burnden Road Runners	11:47.06
20	65	Sally Howarth	V40	F	Trafford AC	13:17.49

HAMMER

1	32	Lesley Brannan	SEN	F	Birchfield Harriers & AC	59.14
2	18	Mark Gulliver	SEN	M	Leeds City AC	53.66
3	75	Jemma Kelly	SEN	F	Trafford AC	46.68
4	38	Simon Bissell	SEN	M	Bolton United Harriers	46.33
5	21	Richard gayle	SEN	M	Wakefield Harriers	43.00
6	25	Vicky Johnson	U17	F	Liverpool Harriers & AC	40.79
7	6	Emma Gilbert	U20	F	Scunthorpe & District AC	35.62
8	37	Alison Hall	V45	F	Bolton United Harriers	26.96

DISCUS

1	2	Marcus Goldbourne	SEN	M	Sale Harriers Manchester	54.95
2	75	Jemma Kelly	SEN	F	Trafford AC	41.71
3	20	Dave Readle	SEN	M	Liverpool Pembroke & Sefton	41.15
4	38	Simon Bissell	SEN	M	Bolton United Harriers	38.06
5	54	Ashley Pritchard	SEN	M	Macclesfield Harriers & AC	36.10
6	18	Mark Gulliver	SEN	M	Leeds City AC	35.42
7	55	Thomas Poulton-White	SEN	M	Unattached	26.82

JAVELIN

1	147	Pawlo Ostapowycz	V50	M	Trafford AC	47.05
2	99	Robyn Purchase	U17	F	Wrexham AAC	34.24

SHOT PUTT

1	54	Ashley Pritchard	SEN	M	Macclesfield Harriers & AC	9.60
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HIGH JUMP

1	164	Wani Mkandawire	SEN	M	City of Sheffield AC	2.02
2	103	Steve Linsell	V40	M	Leeds City AC	1.76