

[Division 1 Match 3 - Sports City Manchester](#)

			Perf	Records	Wind	Athletics W
Women's 100m A		Wind=	+0.3			
1	3	Susan Deacon	Edinburgh Southern H.	11.70		<input checked="" type="checkbox"/>
2	8	Helen Pryer	Windsor Slough Eton & Hou	11.79		<input checked="" type="checkbox"/>
3	5	Kelly Thomas	Sale Harriers Manchester	11.85		<input checked="" type="checkbox"/>
4	4	Ellena Ruddock	Rugby & Northampton	11.93		<input checked="" type="checkbox"/>
5	1	Donna Maylor	Birchfield Harriers	11.93		<input checked="" type="checkbox"/>
6	6	Diane Allagreen	Trafford AC	11.98		<input checked="" type="checkbox"/>
7	2	Claire Rooney	City of Glasgow AC	12.24		<input checked="" type="checkbox"/>
8	7	Helen Taylor	Wigan Harriers	12.26		<input checked="" type="checkbox"/>

			Perf	Records	Wind	Athletics W
Women's 200m A		Wind=	-1.4			
1	3	Susan Deacon	Edinburgh Southern H.	23.90		<input checked="" type="checkbox"/>
2	5	Kathrine Endacott	Sale Harriers Manchester	24.25		<input checked="" type="checkbox"/>
3	8	Lesley Owuso	Windsor Slough Eton & Hou	24.44		<input checked="" type="checkbox"/>
4	6	Liz Fairs	Trafford AC	24.79		<input checked="" type="checkbox"/>
5	4	Ellena Ruddock	Rugby & Northampton	25.04		<input checked="" type="checkbox"/>
6	1	Bernice Wilson	Birchfield Harriers	25.11		<input checked="" type="checkbox"/>
7	7	Helen Taylor	Wigan Harriers	25.33		<input checked="" type="checkbox"/>
8	2	Nicola Gossman	City of Glasgow AC	25.50		<input checked="" type="checkbox"/>

			Perf	Records	Wind	Athletics W
Women's 400m A						
1	8	Nicola Sanders	Windsor Slough Eton & Hou	53.77		<input checked="" type="checkbox"/>
2	5	Danielle Halsall	Sale Harriers Manchester	53.94		<input checked="" type="checkbox"/>
3	6	Liz Fairs	Trafford AC	54.12		<input checked="" type="checkbox"/>
4	3	Kathryn Evans	Edinburgh Southern H.	54.46		<input checked="" type="checkbox"/>
5	1	Elizabeth Williams	Birchfield Harriers	55.40		<input checked="" type="checkbox"/>
6	2	Lisa Wigham	City of Glasgow AC	55.92		<input checked="" type="checkbox"/>
7	7	Sonia Hodgekinson	Wigan Harriers	58.09		<input checked="" type="checkbox"/>
8	4	Jessica Cunliffe	Rugby & Northampton	59.04		<input checked="" type="checkbox"/>

			Perf	Records	Wind	Athletics W
Women's 800m A						
1	6	Catherine Riley	Trafford AC	02:07.26		<input checked="" type="checkbox"/>
2	3	Nicola Gould	Edinburgh Southern H.	02:08.43		<input checked="" type="checkbox"/>
3	5	Kaye Kirkham	Sale Harriers Manchester	02:14.49		<input checked="" type="checkbox"/>
4	1	Sarah Paterson	Birchfield Harriers	02:14.62		<input checked="" type="checkbox"/>
5	2	Stephanie Reynolds	City of Glasgow AC	02:16.06		<input checked="" type="checkbox"/>
6	4	Alison Cooper	Rugby & Northampton	02:20.88		<input checked="" type="checkbox"/>
7	8	Niki Tribe	Windsor Slough Eton & Hou	02:21.56		<input checked="" type="checkbox"/>
8						

			Perf	Records	Wind	Athletics W
Women's 1500m A						
1	7	Claire Entwistle	Wigan Harriers	04:31.11		<input checked="" type="checkbox"/>
2	66	Karen Hill	Trafford AC	04:34.25		<input checked="" type="checkbox"/>
3	3	Nicola Gould	Edinburgh Southern H.	04:36.05		<input checked="" type="checkbox"/>
4	55	Vicky Mason	Sale Harriers Manchester	04:38.78		<input checked="" type="checkbox"/>
5	22	Denise Smith	City of Glasgow AC	04:41.48		<input checked="" type="checkbox"/>
6	4	Alice Naylor	Rugby & Northampton	04:44.28		<input checked="" type="checkbox"/>
7	8	Paula Fudge	Windsor Slough Eton & Hou	04:54.65		<input checked="" type="checkbox"/>
8	1	Helena Trigg	Birchfield Harriers	04:55.22		<input checked="" type="checkbox"/>

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			Perf	Records	Wind	Athletics W
Women's 100m B		Wind=	+0.9			
1	55	Katherine Endacott	Sale Harriers Manchester	11.75		<input checked="" type="checkbox"/>
2	88	Laura Turner	Windsor Slough Eton & Hour	11.80		<input checked="" type="checkbox"/>
3	44	Emma Bailey	Rugby & Northampton	12.20		<input checked="" type="checkbox"/>
4	11	Helen Williams	Birchfield Harriers	12.27		<input checked="" type="checkbox"/>
5	33	Sarah Wigham	Edinburgh Southern H.	12.28		<input checked="" type="checkbox"/>
6	22	Nicola Gossman	City of Glasgow AC	12.43		<input checked="" type="checkbox"/>
7	66	Louise Bloor	Trafford AC	12.45		<input checked="" type="checkbox"/>
8	77	Yvette Henry	Wigan Harriers	12.50		<input checked="" type="checkbox"/>

			Perf	Records	Wind	Athletics W
Women's 200m B		Wind=				
1	88	Helen Pryer	Windsor Slough Eton & Hour	24.43		<input checked="" type="checkbox"/>
2	55	Tatum Nelson	Sale Harriers Manchester	24.92		<input checked="" type="checkbox"/>
3	11	Donna Maylor	Birchfield Harriers	25.05		<input checked="" type="checkbox"/>
4	44	Emma Bailey	Rugby & Northampton	25.22		<input checked="" type="checkbox"/>
5	33	Sarah Wigham	Edinburgh Southern H.	25.25		<input checked="" type="checkbox"/>
6	22	Lisa Wigham	City of Glasgow AC	25.34		<input checked="" type="checkbox"/>
7	66	Louise Bloor	Trafford AC	26.15		<input checked="" type="checkbox"/>
8	77	Yvette Henry	Wigan Harriers	26.39		<input checked="" type="checkbox"/>

			Perf	Records	Wind	Athletics W
Women's 400m B						
1	55	Sarah Tomlins	Sale Harriers Manchester	55.43		<input checked="" type="checkbox"/>
2	88	Dawn Wilson	Windsor Slough Eton & Hour	55.68		<input checked="" type="checkbox"/>
3	66	Nisha Desai	Trafford AC	56.88		<input checked="" type="checkbox"/>
4	77	Lynsey Hodgekinson	Wigan Harriers	60.25		<input checked="" type="checkbox"/>
5	22	Sharon Carstairs	City of Glasgow AC	61.05		<input checked="" type="checkbox"/>
6	44	Helen Small	Rugby & Northampton	61.95		<input checked="" type="checkbox"/>
7	11	Sam Day	Birchfield Harriers	62.32		<input checked="" type="checkbox"/>
8						

			Perf	Records	Wind	Athletics W
Women's 800m B						
1	66	Karen Hill	Trafford AC	02:12.84		<input checked="" type="checkbox"/>
2	33	Sarah Hood	Edinburgh Southern H.	02:16.83		<input checked="" type="checkbox"/>
3	55	Joanne Dawes	Sale Harriers Manchester	02:18.37		<input checked="" type="checkbox"/>
4	88	Claire Reeves	Windsor Slough Eton & Hour	02:18.45		<input checked="" type="checkbox"/>
5	44	Claire Holland	Rugby & Northampton	02:18.70		<input checked="" type="checkbox"/>
6	11	Ledeen Greaves	Birchfield Harriers	02:24.15		<input checked="" type="checkbox"/>
7	22	Denise Smith	City of Glasgow AC	02:36.51		<input checked="" type="checkbox"/>
8						

			Perf	Records	Wind	Athletics W
Women's 1500m B						
1	5	Rachael Deegan	Sale Harriers Manchester	04:41.27		<input checked="" type="checkbox"/>
2	2	Claire McCracken	City of Glasgow AC	04:45.57		<input checked="" type="checkbox"/>
3	6	Catherine Riley	Trafford AC	04:49.24		<input checked="" type="checkbox"/>
4	44	Kathryn Arnold	Rugby & Northampton	04:57.22		<input checked="" type="checkbox"/>
5	88	Claire Reeves	Windsor Slough Eton & Hour	05:01.67		<input checked="" type="checkbox"/>
6	33	Rebecca Dougal	Edinburgh Southern H.	05:42.28		<input checked="" type="checkbox"/>
7	11	Wendy Morant	Birchfield Harriers	06:27.15		<input checked="" type="checkbox"/>
8						

Division 1 Match 3 - Sports City Manchester

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Women's 3000m A

	Perf	Records	Wind	Athletics W	
1	5	Sonia Thonas	Sale Harriers Manchester	09:40.60	<input checked="" type="checkbox"/>
2	2	Kellie Wilder	City of Glasgow AC	09:57.94	<input checked="" type="checkbox"/>
3	6	Julia Russell	Trafford AC	10:20.72	<input checked="" type="checkbox"/>
4	8	Paula Fudge	Windsor Slough Eton & Hour	10:29.72	<input checked="" type="checkbox"/>
5	4	Sarah Halliday	Rugby & Northampton	11:49.92	
6					
7					
8					

Women's 3000m B

	Perf	Records	Wind	Athletics W	
1	22	Lindsay McNeill	City of Glasgow AC	10:09.26	<input checked="" type="checkbox"/>
2	55	Margaret Boleman	Sale Harriers Manchester	10:30.91	<input checked="" type="checkbox"/>
3	88	Kelly Crickmore	Windsor Slough Eton & Hour	10:57.10	<input checked="" type="checkbox"/>
4	66	Joan Howe	Trafford AC	11:43.09	
5					
6					
7					
8					

Women's 400m Hurdles A

1	8	Vicki Jamison	Windsor Slough Eton & Hour	58.84	<input checked="" type="checkbox"/>
2	1	Michelle Thomas	Birchfield Harriers	61.06	<input checked="" type="checkbox"/>
3	5	Faye Harding	Sale Harriers Manchester	61.54	<input checked="" type="checkbox"/>
4	6	Nisha Desai	Trafford AC	63.08	<input checked="" type="checkbox"/>
5	2	Alyssa Fullelove	City of Glasgow AC	64.18	<input checked="" type="checkbox"/>
6	3	Rebecca Dougal	Edinburgh Southern H.	64.34	<input checked="" type="checkbox"/>
7	4	Jessica Cunliffe	Rugby & Northampton	64.65	<input checked="" type="checkbox"/>
8					

Women's 400m Hurdles B

1	11	Susan Williams	Birchfield Harriers	60.78	<input checked="" type="checkbox"/>
2	33	Catrina Pennet	Edinburgh Southern H.	62.34	<input checked="" type="checkbox"/>
3	88	Marika Reed	Windsor Slough Eton & Hour	63.91	<input checked="" type="checkbox"/>
4	44	Helen Small	Rugby & Northampton	67.58	<input checked="" type="checkbox"/>
5	55	Kathy Wellam	Sale Harriers Manchester	68.65	<input checked="" type="checkbox"/>
6	66	Lindsay Johnson	Trafford AC	78.51	
7					
8					

Women's 100m Hurdles A

Wind= -1.2

1	7	Sharon Walls	Wigan Harriers	13.76	<input checked="" type="checkbox"/>
2	5	Sara McGreavy	Sale Harriers Manchester	13.80	<input checked="" type="checkbox"/>
3	1	Denise Lewis	Birchfield Harriers	14.00	<input checked="" type="checkbox"/>
4	6	Fiona Harrison	Trafford AC	14.05	<input checked="" type="checkbox"/>
5	2	Alyssa Fullelove	City of Glasgow AC	14.27	<input checked="" type="checkbox"/>
6	3	Catrina Pennet	Edinburgh Southern H.	14.47	<input checked="" type="checkbox"/>
7	8	Marika Reed	Windsor Slough Eton & Hour	17.45	
8					

Women's 100m Hurdles B

Wind= -1.9

1	11	Kelly Sotherton	Birchfield Harriers	13.81	<input checked="" type="checkbox"/>
2	66	Susan Jones	Trafford AC	14.30	<input checked="" type="checkbox"/>
3	55	Grace Smith	Sale Harriers Manchester	15.14	<input checked="" type="checkbox"/>
4	77	Karen Moorcroft	Wigan Harriers	15.51	<input checked="" type="checkbox"/>
5	88	Yasmine Regis	Windsor Slough Eton & Hour	16.30	<input checked="" type="checkbox"/>
6	33	Rebecca Dougal	Edinburgh Southern H.	16.78	
7	22	Eilidh Dorrian	City of Glasgow AC	26.29	
8					

Women's Hammer A

1	1	Zoe Derham	Birchfield Harriers	58.19	<input checked="" type="checkbox"/>
2	5	Laura Douglas	Sale Harriers Manchester	57.87	<input checked="" type="checkbox"/>
3	8	Carys Parry	Windsor Slough Eton & Hour	56.43	<input checked="" type="checkbox"/>
4	2	Katie Horne	City of Glasgow AC	39.02	<input checked="" type="checkbox"/>
5	66	Joanne Harding	Trafford AC	36.17	<input checked="" type="checkbox"/>
6	33	Stacey Wilson	Edinburgh Southern H.	36.14	<input checked="" type="checkbox"/>
7	44	Jenny Duff	Rugby & Northampton	33.76	<input checked="" type="checkbox"/>
8					

Women's Hammer B

1	88	Joanne John	Windsor Slough Eton & Hour	53.24	<input checked="" type="checkbox"/>
2	55	Donna Williams	Sale Harriers Manchester	27.59	
3	6	Elaine Cank	Trafford AC	26.92	
4	11	Jenny O'Sullivan	Birchfield Harriers	13.34	
5	22	Sharon Carstairs	City of Glasgow AC	12.50	
6					
7					
8					

Women's Discus A

1	5	Philippa Roles	Sale Harriers Manchester	54.98	<input checked="" type="checkbox"/>
2	4	Rebecca Roles	Rugby & Northampton	49.82	<input checked="" type="checkbox"/>
3	11	Sarah Henton	Birchfield Harriers	42.37	<input checked="" type="checkbox"/>
4	6	Elaine Cank	Trafford AC	42.06	<input checked="" type="checkbox"/>
5	88	Joanne John	Windsor Slough Eton & Hour	40.77	<input checked="" type="checkbox"/>
6	7	Gemma Llewellyn	Wigan Harriers	37.60	<input checked="" type="checkbox"/>
7	33	Stacey Wilson	Edinburgh Southern H.	33.31	<input checked="" type="checkbox"/>
8	2	Katie Horne	City of Glasgow AC	18.96	

Women's Discus B

1	55	Donna Williams	Sale Harriers Manchester	39.37	<input checked="" type="checkbox"/>
2	1	Zoe Derham	Birchfield Harriers	38.18	<input checked="" type="checkbox"/>
3	8	Ade Oshinowo	Windsor Slough Eton & Hour	33.81	<input checked="" type="checkbox"/>
4	44	Jenny Duff	Rugby & Northampton	31.64	<input checked="" type="checkbox"/>
5	3	Jennifer Wilkie	Edinburgh Southern H.	31.63	<input checked="" type="checkbox"/>
6	66	Joanne Harding	Trafford AC	29.59	
7	22	Alyssa Fullelove	City of Glasgow AC	17.18	
8	77	Laura Willey	Wigan Harriers	11.48	

Division 1 Match 3 - Sports City Manchester
Women's Javelin A

	Perf	Records	Wind	Athletics W	
1	5	Shelley Holroyd	Sale Harriers Manchester	52.42	<input checked="" type="checkbox"/>
2	1	Jenny O'Sullivan	Birchfield Harriers	46.27	<input checked="" type="checkbox"/>
3	8	Laura Kerr	Windsor Slough Eton & Hour	39.81	<input checked="" type="checkbox"/>
4	66	Nicola Gautier	Trafford AC	38.82	<input checked="" type="checkbox"/>
5	4	Rebecca Roles	Rugby & Northampton	36.47	<input checked="" type="checkbox"/>
6	3	Jennifer Wilkie	Edinburgh Southern H.	35.28	<input checked="" type="checkbox"/>
7	2	Kirsty Rodger	City of Glasgow AC	25.06	
8	7	Gemma Llewellyn	Wigan Harriers	16.71	

Women's Shot Putt A

1	8	Ade Oshinowo	Windsor Slough Eton & Hour	14.98	<input checked="" type="checkbox"/>
2	1	Denise Lewis	Birchfield Harriers	14.87	<input checked="" type="checkbox"/>
3	5	Rebecca Peake	Sale Harriers Manchester	14.48	<input checked="" type="checkbox"/>
4	66	Nicola Gautier	Trafford AC	13.49	<input checked="" type="checkbox"/>
5	4	Rebecca Roles	Rugby & Northampton	12.82	<input checked="" type="checkbox"/>
6	33	Stacey Wilson	Edinburgh Southern H.	10.30	<input checked="" type="checkbox"/>
7	7	Gemma Llewellyn	Wigan Harriers	10.02	<input checked="" type="checkbox"/>
8	2	Kirsty Rodger	City of Glasgow AC	9.68	

Women's Long Jump A

1	5	Rebecca White	Sale Harriers Manchester	6.15	+1.0	<input checked="" type="checkbox"/>
2	8	Kim Rothman	Windsor Slough Eton & Hour	5.84	-0.9	<input checked="" type="checkbox"/>
3	11	Amy Woodman	Birchfield Harriers	5.84	+0.9	<input checked="" type="checkbox"/>
4	6	Fiona Harrison	Trafford AC	5.73	+0.8	<input checked="" type="checkbox"/>
5	33	Nike Osifodunrin	Edinburgh Southern H.	5.72	+1.04	<input checked="" type="checkbox"/>
6	77	Laura Willey	Wigan Harriers	5.38	+0.89	<input checked="" type="checkbox"/>
7	4	Catheryn Dale	Rugby & Northampton	5.16	-0.57	<input checked="" type="checkbox"/>
8	22	Alison Rough	City of Glasgow AC	4.96	+0.19	

Women's Triple Jump A

1	1	Tiombe Hurd	Birchfield Harriers	13.51	+2.5	<input checked="" type="checkbox"/>
2	5	Rebecca White	Sale Harriers Manchester	12.56	+0.3	<input checked="" type="checkbox"/>
3	6	Hazel Carwardine	Trafford AC	12.06	+3.2	<input checked="" type="checkbox"/>
4	3	Gillian Cooke	Edinburgh Southern H.	11.98	+1.0	<input checked="" type="checkbox"/>
5	4	Catheryn Dale	Rugby & Northampton	11.37	+1.5	<input checked="" type="checkbox"/>
6	2	Fiona Davidson	City of Glasgow AC	11.25	+0.7	<input checked="" type="checkbox"/>
7	7	Emma Wooff	Wigan Harriers	10.65	-0.9	<input checked="" type="checkbox"/>
8						

Women's High Jump A

1	6	Susan Jones	Trafford AC	1.85	<input checked="" type="checkbox"/>
2	5	Julie Crane	Sale Harriers Manchester	1.85	<input checked="" type="checkbox"/>
3	1	Bobby Aloysius	Birchfield Harriers	1.80	<input checked="" type="checkbox"/>
4	22	Hazel Melvin	City of Glasgow AC	1.70	<input checked="" type="checkbox"/>
5	88	Jenny Hatton	Windsor Slough Eton & Hour	1.55	<input checked="" type="checkbox"/>
6	77	Karen Moorcroft	Wigan Harriers	1.50	
7	3	Kirsty McGuire	Edinburgh Southern H.	1.45	
8					

Saturday 31 July 2004
Women's Javelin B

	Perf	Wind	Athletics W		
1	11	Rebecca Bartlett	Birchfield Harriers	45.29	<input checked="" type="checkbox"/>
2	6	Fiona Harrison	Trafford AC	38.00	<input checked="" type="checkbox"/>
3	55	Margaret Veldman	Sale Harriers Manchester	30.69	<input checked="" type="checkbox"/>
4	33	Sara McKinney	Edinburgh Southern H.	29.66	
5	88	Joanne John	Windsor Slough Eton & Hour	25.26	
6	22	Lisa Wigham	City of Glasgow AC	16.98	
7	77	Emma Wooff	Wigan Harriers	5.98	
8	44	Sarah Halliday	Rugby & Northampton	5.68	

Women's Shot Putt B

1	11	Kelly Sotherton	Birchfield Harriers	13.21	<input checked="" type="checkbox"/>
2	6	Elaine Cank	Trafford AC	11.72	<input checked="" type="checkbox"/>
3	88	Ashleigh Palmer-Johnson	Windsor Slough Eton & Hour	10.67	<input checked="" type="checkbox"/>
4	55	Donna Williams	Sale Harriers Manchester	10.54	<input checked="" type="checkbox"/>
5	3	Jennifer Wilkie	Edinburgh Southern H.	9.53	
6	44	Jenny Duff	Rugby & Northampton	8.81	
7	22	Katie Horne	City of Glasgow AC	8.42	
8	77	Laura Willey	Wigan Harriers	4.93	

Women's Long Jump B

1	1	Henrietta Paxton	Birchfield Harriers	5.78	+0.71	<input checked="" type="checkbox"/>
2	3	Gillian Cooke	Edinburgh Southern H.	5.71	-0.44	<input checked="" type="checkbox"/>
3	66	Louise Bloor	Trafford AC	5.71	+0.5	<input checked="" type="checkbox"/>
4	88	Yasmine Regis	Windsor Slough Eton & Hour	5.44	+0.60	<input checked="" type="checkbox"/>
5	55	Elaine Smith	Sale Harriers Manchester	5.25	-0.46	<input checked="" type="checkbox"/>
6	2	Kirsty Rodger	City of Glasgow AC	4.74	+0.31	
7	44	Nicola Nutting	Rugby & Northampton	4.72	+0.70	
8						

Women's Triple Jump B

1	11	Debbie Rowe	Birchfield Harriers	12.12	+3.7	<input checked="" type="checkbox"/>
2	55	Katia Lannon	Sale Harriers Manchester	10.97	+0.8	<input checked="" type="checkbox"/>
3	66	Nisha Desai	Trafford AC	10.68	+0.6	<input checked="" type="checkbox"/>
4	22	Alison Rough	City of Glasgow AC	10.56	+0.7	<input checked="" type="checkbox"/>
5	33	Nike Osifodunrin	Edinburgh Southern H.	10.13	+1.3	<input checked="" type="checkbox"/>
6	77	Karen Moorcroft	Wigan Harriers	10.10	+0.6	<input checked="" type="checkbox"/>
7						
8						

Women's High Jump B

1	66	Natalie Clark	Trafford AC	1.75	<input checked="" type="checkbox"/>
2	2	Gillian Black	City of Glasgow AC	1.70	<input checked="" type="checkbox"/>
3	55	Katia Lannon	Sale Harriers Manchester	1.65	<input checked="" type="checkbox"/>
4	8	Steph Jones	Windsor Slough Eton & Hour	1.55	<input checked="" type="checkbox"/>
5	33	Catriona Pennet	Edinburgh Southern H.	1.40	
6	7	Michelle Sharrock	Wigan Harriers	1.35	
7	11	Sam Day	Birchfield Harriers	1.25	
8					

Division 1 Match 3 - Sports City Manchester

Saturday 31 July 2004

Women's Pole Vault A

	Perf	Records	Wind	Athletics W
1	1 Hilary Smith	Birchfield Harriers	3.80	<input checked="" type="checkbox"/>
2	3 Kirsty McGuire	Edinburgh Southern H.	3.70	<input checked="" type="checkbox"/>
3	6 Clare Neve	Trafford AC	3.70	<input checked="" type="checkbox"/>
4	2 Jennifer Graham	City of Glasgow AC	3.60	<input checked="" type="checkbox"/>
5	5 Kimberley Smith	Sale Harriers Manchester	3.20	<input checked="" type="checkbox"/>
6	7 Michelle Sharrock	Wigan Harriers	3.20	<input checked="" type="checkbox"/>
7	8 Katherine Callaghan	Windsor Slough Eton & Hour	3.00	<input checked="" type="checkbox"/>
8	4 Kirsty Obern	Rugby & Northampton	2.80	<input checked="" type="checkbox"/>

Women's Pole Vault B

	Perf	Wind	Athletics W	
1	11 Natalie Olsen	Birchfield Harriers	3.50	<input checked="" type="checkbox"/>
2	22 Eilidh Dorrian	City of Glasgow AC	3.40	<input checked="" type="checkbox"/>
3	66 Lindsay Johnson	Trafford AC	2.80	<input checked="" type="checkbox"/>
4	55 Katia Lannon	Sale Harriers Manchester	2.40	<input checked="" type="checkbox"/>
5	88 Kim Rothman	Windsor Slough Eton & Hour	2.00	
6				
7				
8				

Women's 4x100m Relay

1	5 Sale Harriers Manchester	Kelly Thomas	Tatum Nelson	Rebecca White	Kathrine Endacott	46.12	<input checked="" type="checkbox"/>
2	1 Birchfield Harriers	Susie Williams	Bernice Wilson	Henrietta Paxton	Donna Maylor	47.03	<input checked="" type="checkbox"/>
3	6 Trafford AC	Fiona Harrison	Louise Bloor	Liz Fairs	Hazel Carwardine	47.68	<input checked="" type="checkbox"/>
4	7 Wigan Harriers	Yvette Henry	Helen Taylor	Laura Willey	Sharon Walls	47.87	<input checked="" type="checkbox"/>
5	3 Edinburgh Southern H.	Carolyn McKenna	Sarah Wigham	Nike Osifodunrin	Gillian Cooke	48.17	<input checked="" type="checkbox"/>
6	8 Windsor Slough Eton & Hounslow	Nicola Sanders	Lesley Owuso	Helen Pryer	Laura Turner	48.18	<input checked="" type="checkbox"/>
7	2 City of Glasgow AC	Nicola Gossman	Lisa Wigham	Sharan Carstairs	Claire Rooney	48.24	<input checked="" type="checkbox"/>
8	4 Rugby & Northampton	Nichola Nutting	Emma Bailey	Jessica Cunliffe	Ellena Ruddock	48.94	<input checked="" type="checkbox"/>

Women's 4x400m Relay

1	5 Sale Harriers Manchester	Sarah Tomlins	Kelly Thomas	Katia Lannon	Danielle Halsall	03:42.67	<input checked="" type="checkbox"/>
2	6 Trafford AC	Nisha Desai	Fiona Harrison	Caroline Nelson	Liz Fairs	03:43.05	<input checked="" type="checkbox"/>
3	3 Edinburgh Southern H.	Catriona Pennet	Sarah Hood	Kathryn Evans	Susan Deacon	03:45.72	<input checked="" type="checkbox"/>
4	8 Windsor Slough Eton & Hounslow	Vicki Jamison	Marika Reed	Dawn Wilson	Nicola Sanders	03:45.93	<input checked="" type="checkbox"/>
5	1 Birchfield Harriers	Michelle Thomas	Ladeen Greaves	Elizabeth Williams	Susie Williams	03:47.13	<input checked="" type="checkbox"/>
6	2 City of Glasgow AC	Alyssa Fullelove	Sharan Carstairs	Lisa Wigham	Stephanie Reynolds	03:47.13	<input checked="" type="checkbox"/>
7	7 Wigan Harriers	Sonia Hodgekinson	Helen Taylor	Claire Entwistle	Sharon Walls	03:55.44	<input checked="" type="checkbox"/>
8	4 Rugby & Northampton	Jessica Cunliffe	Alison Cooper	Alice Naylor	Helen Small	04:13.10	<input checked="" type="checkbox"/>

Women's 100m Non Scoring

	Wind=			
1	3 Carolyn McKenna	Edinburgh Southern H.	12.91	<input checked="" type="checkbox"/>
2	2 Sharon Carstairs	City of Glasgow AC	12.96	<input checked="" type="checkbox"/>
3	4 Nichola Nutting	Rugby & Northampton	13.03	
4				
5				
6				
7				
8				

Women's 400m Non Scoring

1				
2				
3				
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MATCH RESULT	League Points	Match
1 Sale	8	235.0
2 Birchfield	7	195.0
3 Trafford	6	194.0
4 WSE&H	5	175.0
5 Edinburgh	4	137.0
6 Glasgow	3	120.0
7 Rugby & N	2	87.0
8 Wigan	1	69.0

STANDINGS	League Points	Match
1 Sale	23	634.5
2 Trafford	20	561.0
3 WSE&H	18	533.0
4 Birchfield	15	493.5
5 Edinburgh	14	444.5
6 Glasgow	8	398.0
7 Rugby & N	6	319.0
8 Wigan	4	259.5